



Autonomy Zonal Forum

Mission and Purpose:

The Autonomy Zone brings all elements of Narcotics Anonymous (NA) from its participating regions together to further the common welfare of NA by providing events which:

- Create an opportunity for Regions to come together to exchange experience, strength, and hope and collectively express itself on matters affecting Narcotics Anonymous as a whole
- Train, mentor and/or inform participants about the fellowship of Narcotics Anonymous

The AZF is ultimately responsible to the groups it serves inspired by the joy of selfless service, and the knowledge that our efforts make a difference.

Meeting Minutes	March 16, 2020 7 PM – 9 PM Zoom Call Link https://zoom.us/j/2292658822
------------------------	---

Attendees:

Note: All contact information is to be removed prior to publishing on the website

Facilitator	Craig R	P	[REDACTED]	[REDACTED]
Secretary	Kim A	P	[REDACTED]	[REDACTED]
Central Atlantic RD	Dee P	P	[REDACTED]	[REDACTED]
Central Atlantic RD Alt	Randy D	P	[REDACTED]	[REDACTED]
Central Atlantic RDA 2	Sherry V	P	[REDACTED]	[REDACTED]
Chesapeake and Potomac RD	Darla S	P	[REDACTED]	[REDACTED]
Chesapeake and Potomac RD Alt	Greg J	P	[REDACTED]	[REDACTED]
Eastern PA RD	Merle S	P	[REDACTED]	[REDACTED]
Eastern PA RD Alt	Vacant			
Free State RD	Trish C	P	[REDACTED]	[REDACTED]
Free State RD Alt	Christian B	P	[REDACTED]	[REDACTED]
Greater Philadelphia RD	Billy W	P	[REDACTED]	[REDACTED]
Greater Philadelphia RD Alt	Clarence L	P	[REDACTED]	[REDACTED]

- Moment of silence – serenity prayer 7:05
- Introductions -
 - Tony F and Rob U joined us from Greater Philly
- Overview of agenda

Agenda Items

Discussion regarding what’s happening within our Regions regarding the Corona Virus, specifically, the impact it’s having on our ability to carry the message.

- Greater Philly has put voting on the CAR/CAT on hold because prioritizing carrying the message is number 1 – trying to have electronic meetings because almost 480 meetings are shutting down. Area, group, Regional level are all affected.
- Rob posted: <https://virtual-na.org/meetings/>
- Clarence wanted to bring up the planning for the C&P hosting and how not meeting at the conference will impact that. This discussion was saved for later in the agenda



Autonomy Zonal Forum

- Billy sent a link NaWorks.org/DANA where the area is setting up online options for their area.
- Sherry – CARNA is setting up virtually for GSR Assembly and next RSC. Finding if meetings are open people and people are still attending. Using Zoom and Survey Monkey
- Darla – WSC – she stressed to her region to use the google forms option when she did her workshops. Seeking input from her region regarding how they feel we should move forward with carrying the region's conscience. Google forms being updated with meeting closures.. it's on FB.
- Merle commented how they are setting up a system where each home group can host a virtual meeting – webservant is setting it all up. Providing a link to all Closed meetings

~~~~~

- Discussion and Planning: July 2020 Zonal Meeting/ C&P Region host
  - Current option they have been looking at is \$1500.00 for 2-day session. C&P felt that was too much for right now so Greg is seeking lower rates for now. They aren't sure how best to proceed because it might not work for July in light of our current situation. – Sherry recommended looking into libraries instead of just focusing on churches and hotels for the meeting space. Asked about the times we usually start and if there is a policy. - Clarence felt we were going to need recommendations as far as hotels where we could stay as well. – Darla responded finding the venue would be first and then the decision of where to stay would follow. – Randy shared CARNA experience: he first talked to someone from the area where we were going to meet in CARNA and then he outlined for us the process that CARNA followed. Clarence hoping to have more news within the next couple of weeks. – Sherry felt maybe a consensus of those who are coming in on Friday night would help with the planning of the start time. Merle brought up considering who we want to attend the event and bearing in mind when setting the time.
- Budget Development Task Team update/ Trish, Sherry, Billy
  - Billy says they are progressing well and will come back with recommendations by July – Sherry says basically the proposed budget is completed and almost ready to present. Talked about a treasurer and felt we should have one and probably should make it an alt delegate until the zone could afford to fund one. They came up with worksheets for the facilitator and secretary to complete. Craig asked when they are meeting again. Sherry responded every couple of weeks on a Thursday.
  - Craig asked if they could have it ready to share before July so the region's can weigh in on the ideas.
  - Questions for the zone – Choice A and Choice B – workgroup is preparing proposing a few different potential budgets with options for a vision for the future.
- Discussion Training and Mentoring



## Autonomy Zonal Forum

Our zone's mission includes training and mentoring.

-- Clarence asked if any regions have a literature review subcommittee. Felt maybe we could set up workshops to invite regional members to come out and get involved with these literature projects.

Sherry V – CARNA delegate team proposed adding a third question to the MAT DRT IP workshop

Craig – adding value

Clarence spoke again that it was a mentoring opportunity to add value to what we offer our regions.

Sherry – the budgeting team discussed creating a worksheet to give to each region prior to a 2-day event so regions could give feedback as to what service they would like us to provide.

Randy: virtual meetings and or teleconferencing are big topics and perhaps we have an opportunity to serve our regions in this area. Or/and Delegate training. Mentoring/Training potential people to serve in this position. – Train the trainer

- Open Forum -

Rob U: this past Sunday there was a forum of virtual meetings and the call is recorded. Follow the link he sent earlier to read the open forum from that meeting. Very useful NA.org under member services: Best practices for virtual meetings -- [virtual.na.org/meetings](http://virtual.na.org/meetings) full list of all meetings. Attendance is huge in these virtual meetings right now. Daily meetings being offered. Get the message out to your groups/areas/regions to join these meetings.

Literature Review – Rob has been working on Literature review for 30 years. SPAD on 6<sup>th</sup> batch of drafts so the time to give input is nearly over.

Billy: wanted to hear from regions.. what percentage of meetings are currently suspended? Trish – mostly all of them. Craig said his homegroup is still meeting, Clean Acres over half the meetings are closed and more are moving to zoom.

Randy: church's closing down. Retreat center opened to accept all the meetings. Hospital meeting shut down.

Nothing else for open forum

No other proposals

Discussion re: future agenda items. **Clarence proposed having a conference call May 18th 7-9**

Discussed which way everyone wants to vote – virtual or postponed conference.

World Board is asking do the delegates want to have a zoom call this weekend or wait until the scheduled call on the 28<sup>th</sup>. They are talking about voting during the call on which option everyone wants. The survey is out and asking people to give input Greg cancelled airline reservation... he can book a new ticket by nov 30. Airlines aren't allowing outright cancellations right now.

As Zonal contact person, Merle is concerned about any of the unseated regions being allowed to listen in on the 28<sup>th</sup> or any potential WSC virtual meetings.

Chair asked if there was anything else at 8:44 and best wishes went all around for everyone to stay safe and healthy.

Moment of silence and Serenity prayer –8:46 meeting closed



# Autonomy Zonal Forum

## 1. New Proposals

- Discussion:
- Decision:

## 2. Future Agenda Items/ Prioritize

- a. Planning for July
- b. Conference discussion
- c. Update from Budget task team
- d. Training and Mentoring

### **Upcoming AZF Schedule**

- Chesapeake and Potomac Region: July 25-26, 2020
- Eastern Pa Region: January 30, 2021
- Free State Region: July 31, 2021
- Greater Philadelphia: January 29, 2022
- Central Atlantic Region: July 30, 2022
- Chesapeake and Potomac Region: January 28, 2023