

Autonomy Zonal Forum Minutes

Hosted by Mountaineer Region

Meeting opened at

Traditions and Concepts read

Present: Kristina, Brandon, Kim, Zoe, Merle, Leon, Cheryl, Stephen, John, Eddie, Sherry, Donna McD, Kay M, Barbara, Ed, Tom

Agenda:

- Introductions
- Read Traditions and Concepts
- Regional Reports; please forward your reports prior to AZF; they will not be read
- Discuss website/ zonal plans/other zonal forums research • CAR/CAT/WSC decisions/ Zonal plans
- Review/ input feedback to our newly developed Zonal plans

Regional Reports:

Central Atlantic

Hello family,

The Central Atlantic Region consists of 17 areas holding 589 meetings throughout Virginia, and small portions of West Virginia, Maryland, Pennsylvania, and North Carolina.

On June 20-22, 2014 ECCNA 18 (East Coast Convention of Narcotics Anonymous) was held at the College of William and Mary in Williamsburg, VA. The event was hosted jointly by five Central Atlantic Areas; (New Dominion, Richmond, Beach, Peninsula and Tri-Cities). All proceeds from the convention are used to purchase Basic Texts which are donated directly to the regional service bodies within its participating states, to be distributed to jails & prisons throughout the east coast. We look forward to being able to report the exact number of basic texts “raised” at ECCNA 18 in our next report in January. Preliminary estimates place the

potential number between 4,000 to 5,000. To learn more about the ECCNA, what it considers “participating” states & regions, its history, and so on visit www.eccna.org.

On July 18-20, 2014 BRANA 33 (Blue Ridge Area of Narcotics Anonymous) was held at Natural Chimneys Campground in Mt. Solon, VA. First held in 1982, the [BRANA Campout](#) is the oldest major Narcotics Anonymous event in Virginia. Despite the rainy weather over 450 registrants attended the event. The Blue Ridge Area of Narcotics Anonymous has a dozen home groups and 30 meetings a week in Harrisonburg, Staunton, Waynesboro, Fishersville, Luray, Mount Jackson, New Market and Lexington.

Our PR Subcommittee recently participated at the 12th Annual Virginia Summer Institute for Addiction Studies in Williamsburg, VA July 14-16, 2014. This is an annual health fair & conference focused on addiction treatment which our Region has been invited to participate in for quite a few years. Our participation consists primarily of an information booth manned by NA members who volunteer their time answering questions to anyone interested in learning more about the life saving message of Narcotics Anonymous. Our GSR Assembly on April 19th, 2014 in Fredericksburg, VA was a great success. This annual event provides an opportunity for Regional trusted servants to report on the events of the past year, and for our Delegate Team to glean the region’s conscience regarding the various elements of the CAR/CAT prior to the WSC. 61 representatives carried the conscience of their group at the Central Atlantic’s annual assembly.

Our H&I Subcommittee is finalizing efforts to create a policy for members throughout the region to assist incarcerated addicts in writing the steps. If anyone here is interested in learning more about this effort (or has experience to share

regarding this) please contact our Regional H&I Chair Chuck K. (757-469-9365, hi@car-na.org)

Announcements:

The Almost Heaven Area Convention XXVIII will be held August 1-3, 2014 at the 4-H Educational Center in Front Royal Virginia. Prices range from \$25 for Standard, to \$130 for the Full Package which includes food & lodging for all three days.

169th Central Atlantic RSC will be held August 16th 2014 at 1215 Lee St. Charlottesville VA. Open Forum starts at 11 (be there on time).

170th Central Atlantic RSC and Workshop will be a two day event held October 18-19th, 2014 (times and location to be announced).

33rd AVCNA (the Central Atlantic's annual regional convention) will be held January 9-11th 2015 (hosted by the Appalachian Area) at the Holiday Inn 601 Main Street Lynchburg VA 24504. \$20 Pre-Registration ends October 31st, \$30 Registration after that. Hotel rates range from \$92 for a single/double, triple for \$102 and quad for \$112. Room rates are available up to one week before the event.

In Loving Service,
Donna Lee P. (RD)
Eddie W. (RDA)
Kim A. (RDA2)

Chesapeake and Potomac:

I am an addict named Leon P. I am your current Regional Delegate for CPRNA to the World Service Conference. My position will end at the next C&P RSC meeting in August 2014. I attached the Tally form of how the CAR motions went which shows how the conference voted and how C&P voted. The conference basically voted the way that the World Board recommended them to-Yes for motions 1-3 and no for

motions 2-6. In the C&P Region, Regional proposals A-D Yes, Conference Approval Track items Project Plan Traditions book yes, Project Public Relations Yes, NAWS Inc proposed budget yes, proposed revisions to "A Guide to World Services in NA yes, and WSC seating Turkey and Dominican Republic project plan service system no. The region maintains a "hotline" 1-800-543-4670.

Central Maryland is hosting a crabfeast on September 13, 2014. The Frederick area will host the Chesapeake and Potomac National Convention of Narcotics Anonymous in April 2015, the 29th year in Ocean City, Maryland. NA Public Relation Multi Regional workshop was held on May 10, 2014 in Beltsville, MD. Speakers from Boston, California and Florida were present. Tri-County Area Unity Retreat River of Hope Conference of Hope Camp Nanjemoy, MD on September 19-21, 2014.

August 30, 2014 Jump Start to Recovery Group presents Miracles Happen. Recovery show at St Martins Church in Washington DC. August will be my last month as RD, and Cheryl D, RDA will take over, and Anthony W will be voted in as the next RDA. I wish them the best. I know it was a long 6 years, for which I am truly grateful and appreciate. It is time to go back home. Thanks for allowing me to be of service, Leon P.

EPARNA:

EPARNA has a PR presentation planned in cooperation with Greater Philadelphia, and Mid-Atlantic Regions for the entire PA prison system. Tri-State region is not participating at this time. This event was initiated by invitation, and we will be training the correctional staff to help the inmates start meetings. This will take place on two separate dates, July 28, and August 4, 2014. Since meetings in correctional

facilities have been lacking in Pennsylvania, we are very excited about it.

We have decided to experiment with our helpline, and switch over to calls answered by addicts, similar to the system that has been implemented by GPRNA. We hope to have more to report regarding this at our next Zonal forum.

Since I was unable to attend the WSC, our region would welcome any information provided by the AZF.

EPARNA collaborated over the winter with GPRNA to hold the second of two joint CAR workshops in the Montco Area. Buck County Area is planning a convention for January 2015, and they are holding a variety of fundraisers in conjunction with that event.

We are prepared to participate in making a decision regarding the future of the AZF website.

In loving service,
Merle

Free State: No report provided

Greater Philadelphia

WSC 2014 Instead of holding AZF meeting we agreed to sit in at other zones.

- Southern Zonal Forum
 - All members were in agreement that developing a concise and clear mission statement was the highest priority in order to begin collaboration for multi-regional efforts. This would also include a clarified mission statement.
 - It was suggested and agreed that individuals would write vision / mission statement and bring them back to next Zonal meeting. WB Member suggested using NAWS vision statement + local

mission. With a purpose to move towards developing shared services.

- A common way for Georgia and Florida to effectively communicate with member regions would be through webinars and regularly scheduled meetings.
 - Utilize these tools improve our learning capacity.
 - Zonal publications at quarterly meetings.
- Keeping ourselves informed about CAT training.
- Regional PR / H&I reps on board for training.
- Facilitator will determine webinar platform to use – suggested GoToMtg.com.
- WB member recommended a visit to Canada and Plain States Zones because they are currently high functioning with shared services. They currently rotate regions.
 - Owns 2 PR booths that they send to their regions.
 - They meet quarterly on webinar and annually in person.
 - ? What is the time zone?
 - ? Does it provide video?
 - ? Ask for a webinar invite?
 - Use Zonal Forums for workshops and training with more WB participation.

Suggestions for Autonomy Zonal Symposium to increase exposure

- Service symposium
- Zonal breakfast
- Webinars with RD's
- ? What is the capacity for Skype

GPRSC 6/8/2014

The challenge has been to make RSC a learning forum. It seems we continue to fall back into discussing business or conducting business. This type of service can be very taxing. Everyday I'm challenged to be a better listener, more appreciative, competently decisive, inclusive of others, and most of all KINDER.

We're steadfast in our efforts to rebuild a stable region. We elected new RSC trusted servants Co-chair, ABC Chair, ABC Treasurer, Secretary, and Policy Chair. We are confident about improvements in our service body since the overburden has been relieved. Unity Subcommittee is up and running smoothly hosting regular events with lots of support. Meeting List is working to improve accuracy of the Meeting directory. PR will be participating in the State DOJ Training to be held in Harrisburg.

"The GPRSC Executive Committee has received a summary of the findings based on the Profit and Loss Statements of the GPRS INC. for the years 2009-2013. This look back has identified areas of concern which we hope to address through a restructuring.

In our most recent Executive Committee meeting we discussed a plan to move towards Fiscal Responsibility and service delivery. The RSC Co-Chair recommended and I concur that a Restructuring of the GPRRS Inc. begin immediately. Within this plan we would go to a July-June Fiscal Year. In addition to address our past due bills a letter would be sent to our largest creditors (WSO) asking for additional time to implement a payment plan to resolve."

ABC Chair, Melvin H.

Clean Acres Area has already held 2 GSB Forums, using another name, GSR Only Day.

The Greater Philadelphia Regional Convention is excited to announce that GPRCNA XXVIII will be August 22nd – August 24th, 2014 at the Loews Philadelphia Hotel which is

located at 1200 Market Street, Philadelphia PA. **\$129.00***
Single/Double • \$154* Triple • \$179* Quad (* Plus Tax)
Group rates are guaranteed until July 23, 2014. Please
reserve your room before then. Please Contact Monica
M. 215-519-9471 or Debbie P. 267-249-3767 for any
registration questions. **Or on-line**
at: [http://www.loewshotels.com/en/Philadelphia-
Hotel/GroupPages/NAR082414](http://www.loewshotels.com/en/Philadelphia-Hotel/GroupPages/NAR082414)

FUNDRAISERS!!!!

**GPRSCNA RAFFLE: For 2 Season Tickets to the Dell
Music Center Tickets: \$5**

**(Drawing will be held June 28 at the Basketball
Tournament)**

**BASKETBALL TOURNAMENT / SPEAKER JAM / DANCE:
Saturday, June 28, 2014**

**Cardinal Bevilacqua Community Center, 2646
Kensington Avenue, Philadelphia, PA 19125**

10 am – 1 am, Team registration: \$100, Admission: \$10

**BUS TRIP TO BALTIMORE CONVENTION: Saturday,
August 2, 2014**

Buses leave 12:00 noon and return @2:30 am

**From 4160 Monument Road (Pathmark Shopping Center)
Philadelphia, PA, Tickets: \$40, (\$20 registration will be
available on arrival)**

RSC Workshops at Philadelphia Regional Convention.
2 (2-hr slots), Friday 9 pm - 11 pm and Saturday 8 pm -10
pm immediately following the main meetings. Temporary
Topics will be I Want A New Car / Cat and LSB- Building
Blocks.

Grateful to Serve, Zoe H., GPRSC RD

Mountaineer Region:

Greetings from the Mountaineer Region of NA!

The Mountaineer Region currently supports 11 Areas with 159 meetings in West Virginia, Ohio, Maryland, Kentucky, and Virginia. We have one new Area around Morgantown, WV that resulted from a split from two adjacent Areas. We also have one Area in Southern West Virginia that is struggling to keep the doors open. There are several committed members who are working with this Area and we have had several discussions at the Regional level regarding committing to building an outreach subcommittee in order to better assist the very rural areas of our Region. We continue to carry a strong NA message throughout the Region.

At our Spring Mountaineer Regional Service Forum, held during our Spring Convention, we reviewed the decisions from the World Service Conference and the forum was well attended.

Our phonenumber is functioning very well; we are using One Box answering service to send every call directly to a recovering addict's cell phone. Phonenumber members are on a 4 hour rolling weekly schedule and this continues to work out great. We are averaging about 200 calls per month with approximately 50 volunteers answering direct calls. We also have nearly 100 volunteers as contacts in their Areas. Our phonenumber chair has been busy doing workshops across the Region and we are constantly having new members signing up to be of service.

Our H&I commitments have remained steady with our Areas currently hosting 22 H&I commitments across West Virginia and Southeastern Ohio . We continue to inventory how H&I on a Regional level can support these current commitments. Our new H&I Chair has worked to compile a list of all local, regional, and federal facilities, including juvenile facilities in our Region. Please let us know if the Zone is interested in this information.

Our PR efforts continue to grow as well as we coordinate utilizing our Regional display at events around the Region. The Metro Valley Area in Charleston, WV and the Greater than Ourselves Area in Huntington, WV has added 30 more signs in the local public transit buses across the cities since we last met. Our Regional Billboard also continues to make an impression in the community. Several Areas have worked to get our Basic Text in the libraries as well. We have been working hard to make sure that NAWA has our most up-to-date meeting information for their meeting locator. We also have several flyer days scheduled in a few of our Areas as well.

The Mountaineer Region hosts two conventions annually; one in the Spring and one in the Fall. The Fall Convention this year will be held on October 31-November 2, 2014 at Cedar Lakes in Ripley, WV. The convention is held in a beautiful outdoor environment with 3 lakes, a lodge, and other multiple buildings with dorm style and hotel style rooms. Our Region hosts the Mountaineer Regional Service Forum at every convention in order to present and discuss service related issues. This Fall the forum topic will focus on what our Delegate Team learns from the upcoming Multi-Zonal Service Symposium to be held in September in St. Louis, MO.

Our Areas continue to host too many functions to mention, but if you are interested in learning more about the numerous functions hosted across our Region, or if you happen to be travelling through and need a meeting, please see our website at www.mrscna.org for more details and fliers for events.

Gratefully Serving,

Kristina C. – RD

Brandon C. – RD Alt.

Website Discussion

Presentation of website options

- three options
- option c would require a complete redesign of our website
- need to make decision to renew domain name; [www.Autonomy Zonal Forum.org](http://www.AutonomyZonalForum.org)
- need to decide which hosting site we would like to use
- each option shows geographically where we are
- has hot spots to use, either through the text or the graphics; some links refer us to the www.na.org site
- discussion regarding hosting site; duties
- reasons having the hosting site being maintained by one of our addicts may be a conflict
- we decided to no longer use the C&P website for our website
- we will decide on option A, B, or C, and
- discussion regarding hosting site decision
 - pros; Kim would take a personal responsibility for maintaining the site
 - cons; it muddies the water when we have a member involved
- Kim was asked to qualify herself for the position of hosting our website
- It was suggested that we clarify duties and responsibilities, a set of guidelines, if we choose to use Kim as a host
- We decided to use Kim as a hosting site, which can be changed at any time
- The body agreed that Kim could contact Michael J to remove our information from the C&P website.

- We can have one of the designs, and continue to look at other options
- What is the program which would suit our needs (CMS, html, dreamweaver, wordpress)
- We all agreed to omit CMS, we will move forward with something now, and give Kim creative ability to come back in January 2015 with some new design.
- Add all the links of Sherry's option, if we choose option c.
- Option C takes away from us being AZF, one member objected to use links to the world website
- Option A will be used, vote was 8-1
- Phone conversation will be used to discuss what we want on the website, what links we want to use. No links will be used until we make a decision as to what to put on the website.
- Donna McD will draft a letter to send to C&P (both Board and region), send it to the RDs for their approval, and then send it to Cheryl so she can share it at her region.

Zonal plans/other zonal forums' research

- It was suggested that we send our collective information to the secretary, for us to review, and then discuss on our next phone call
- We need function and direction to continue as a zonal forum, rather than continue as we are.
- All the zones, regions and USSC were asked to attend the Multi-Zonal Service Symposium at WSC

Zonal plans (based on our inventory)

- Communication, learning days, training, fellowship development, outside agencies (see January 2013 AZF minutes for further list of our priorities)

- we could use the website to arrange the dates of communication,
- discussion board on website, can be password protected, should it be closed or open?, past RDs or only present RDs (and RDAs)
- Adobe connect, skype, gotomeeting
- Discussion about having a vision statement, to provide a focus to AZF
- Information will be into discussion board by September 30. Date for conference call: Monday October 20 @ 9:30
- Kim will send a reminder with the information about the conference call
- We will develop a vision statement during the next conference call; what do we want in our vision statement; what is it we want to accomplish
- We will put up a bulletin board on our website, and each offer input
- Have a visual at each zonal forum to help guide us
- Thanksgiving weekend; Free State convention, asked for support from the RDs
- Develop an events calendar; using region-wide events
- Vision statement: where you want to be
- Mission statement: how you want to get there
- Look at zonal vision/mission statements to see what they have
- on website: link to na.org
- questions regarding the procedure for facilitating the conference call
- devote an hour to training and mentoring for our next zonal forum

Agenda for January 31, 2015 Zonal Forum

Presentation of website design idea(s)

Finalize or complete if not finished AZF vision/mission statement as worked on in conference call

Prioritize a list of goals (possibly have someone present who has done this)

Timeline for what we want to accomplish based on priorities

Discuss next conference call information

Please send your report to secretary, since we will not read our reports at our meeting

Upcoming schedule for Autonomy Zonal Forum:

Chesapeake and Potomac Region: January 31, 2015

Eastern PA Region: July 25, 2015

Free State Region: January 30, 2016

Greater Philadelphia Region: July 30, 2016

Central Atlantic Region: January 28, 2017

Mountaineer Region: July 29, 2017

Additional notes provided by Donna Mc are included here, rather than integrating them into the minutes.

Autonomy Zonal Forum – Saturday, July 26, 2014

Present: Christina – Mountaineer Region

Brandon – Mountaineer Region

Kim – CARNA Region

Donna – CARNA Region

Leon - C&P Region

Sherry – CARNA Region

Steve – Freestate Region

John – Freestate Region

Eddie – CARNA Region

Merle – EPA Region

Zoe – Greater Philly Region

Barbara – Greater Morgantown Region

Kay – Mountaineer Region

Trevor – North Central Area

Angela

Christina: Opened the meeting with a moment of silence followed by the Serenity Prayer at 11:26am.

Christina: Introductions

Kim: Read 12 Traditions

Barbara: Read 12 Concepts

Reports were not read to conserve time. Hard copies to be given to Merle to put in minutes.

Website: Kim & Sherry working on website. Gave presentations.

- Option A: Clickable color map for different regions. Linked to regions. Zonal to region to area
- Option B: Clickable map. Click on region to go to their website
- Option C: Goes directly to map and region

Kim: Current CMS (content management system) is limited. Redesign maybe to WordPress. Thinks this might be best. Thinks website should be cohesive. Stated we need to make a decision today on hosting to keep Autonomy Zonal Forum.org

Sherry: Presented her design ideas. Geographic design very important for people to know where we are. Says CARNA only talked about hosting, not domain. A slightly different version of Kim's presentation. Can go through clickable text and maps.

Links of a lot of NA related material. Thinks WordPress can incorporate this. Noted map can accommodate our out of country addicts. Zone to Region to Area to Groups are main things to help addicts find a meeting. Presented a map with less clicks to navigate. Questions this may be same option as "C". Map is a little more detailed.

Kim: She can incorporate these things also. Why can't we work together on website? Says CMS is not compatible. Do we want to move the website to a new host? How can we not have a host? Domain name carries the host.

Sherry: thinks maybe there's a conflict with Kim hosting website. Said CARNA thinks the same.

Christina: Asked about the \$7. Plus change to host paid by each region.

Sherry: Asked if Kim charged to host.

Zoe: What are the duties required for hosting?

Kim: Just a storage place for the files. No host duties. Host maintains the server. Host keeps problems at bay.

Merle: CARNA said it was a conflict of interest. Please explain how it was a conflict of interest.

Eddie: Recollects that it was nothing deep, just not to muddy the waters, like no contracts, nothing personal, some felt stronger, some wondered what's the deal.

Steve: C&P region has not made a decision on who's doing what. Doesn't understand. More important things in NA.

Christina: We do need to make a decision. Asked Sherry if there is a problem that Kim is not charging. Problems have to go to Kim instead of an outside service. We can change hosts.

Kim: CARNA got hijacked. Thinks this happened because there is not a person to contact for help right away. She would be available to trouble shoot.

Christina: Thinks we need a policy. We did decide on Autonomy Zonal Forum.org.
We can change anytime we want to. How many opposed to website options A,B,C?
Kim: Do we want to do a redesign or stick with this. We have to talk about hosting.
Merle: Does design depend on hosting site. We decided we wanted to get away from C&P. Do we want an outside hosting company or Kim. Stay embedded in C&P.
Christina: Asked body who opposed to hosting or not? No response at this time.
Sherry: Do we change formats.
Kim: Change design. No limitations on server.
Steve: If we choose to accept Kim's hosting service at no charge, until we decide at a later time.
Kim: Charges vary to her clients.
Steve: Says C&P's regional host person never charges...except \$1.00
Christina: asked do we have exceptions to Kim hosting web?
Merle: Should Kim host?
Eddie: Gets where Merle is coming from. Is a graphic designer. Never charges NA a penny. Boils down to interpretation.
Brandon: Does a lot of free stuff for NA. Only conflict he sees is maybe too much work on his end! Responsible thing to do is ask for help if it gets overwhelming.
Zoe: Asked Kim her credentials for hosting.
Kim: 15 years web hosting. Gives 24/7 to service. Has phone set up to detect problems. Knows when because of automatic notifications. Has a sponsor, reputable.
Zoe: Asked if approved would Kim have duties and responsibilities (which need to be formulated)
Kim: Secretary has at her hands all the information that Kim has should someone else need it.
Christina: Any objections to Kim's server hosting? None. Kim will host website.
Christina: Do we want A,B, or C?
Kim: Wants to drop map and come back in six months. We need to ask Michael to drop the site he is currently hosting.
**Body agreed to ask Michael to drop his web hosting for the Zonal.
Steve: Wants to get something running.
Brandon: Kim offering a free idea; just to bring us up to speed. Thinks she should create a site for our discussion.
Christina: We can still have operable web site.
Kim: We can go with A or Barbara: Can't go with C without more effort. Will work around.
Merle: Asked if HTML, CMS, WordPress are all usable.
Sherry: Has done HTML – only updates not designs. Thinks HTML is best.
Christina: Are we okay with going ahead to get something up and going? Kim will work on design for next six months. Hearing no objections.
Merle: Are we all agreeing we don't want CMS?
Kim: Can put anything in – Option C without text. Can add all links that go to NA information.
**Sherry to send Kim links to all information.
Steve: Just wants to get site up.

Christina: Asked what map we want A or B. C is the same as Barbara:

Steve: We are the Autonomy Zone not focused on World information.

Christina: Anymore input?

Eddie: Aesthetically we need the most attractive; sort of like where your eye is led on the site.

Christina: Therapeutic Group left Mountaineer Region.

**Kim to remove Therapeutic Group from current website.

Christina: In favor of map A is 8 people. One person in favor of map B.

Kim: Stated we want to move away from CMS. She will design a site to be reviewed and given input to for January's zonal. Will change color.

Christina: In a phone conversation will be discuss links.

Merle: Thinks we need to acknowledge C&P region for use of their website for all these years.

**Donna to do draft of thank you letters to C&P region and Board of Directors.

Cheryl will deliver letters after approval.

Christina: Are we leaving Resolution A on website? No objections. It stays.

Sherry: Has more information on Resolution A in a PowerPoint that would be helpful.

Christina: On phone call we will talk about if to keep Resolution A.

Next on Agenda:

- Zonal plans and other zonal forum research

Steve: Suggested for everyone to give their research findings to Merle and regional minutes.

Merle: Is this from their website or did people visit other zones? Thinks that we failed to develop a set of questions that are consistent.

Zoe: We had a general direction from our inventory. Thinks we need to move forward. Stated at the WSC the question was asked 'what's the function of zones?'. It was shared to create a zonal forum that is unique. Stated this was discussed at least in two cycles of the WSC.

Christina: Do we actually have a vision statement? One thing we lack we don't have policy/vision/mission statements. Are we a discussion body or an action body?

Steve: Thinks if we don't get our zone together we're going to be lost. One big problem: we call our zones, zones. A zone is different around the world.

Christina: Mentioned that we we're kind of "funneled" - our research was to discover what zones do.

Zoe: Perhaps we're facing a possible dissolving our zone if we don't change our bi-annual meetings.

Steve: Discussed more Resolution A and board stuff. Thinks US has been left behind. We lost outreach, H&I, and PI. We don't do these events.

Cheryl: Does not feel like people were manipulated at WSC. Thinks we should bring WSC members in to discuss issues.

Sherry: Gave another perspective regarding round tables at WSC. WSC is getting information from RD's on how to proceed with what a zonal's purpose is to be.

Christina: Wants to know how to spend the rest of the day. Work on a plan or go over what we learned at WSC? Where do we want to see the zonal go?

Steve: Presented a flyer about a multi-zonal service symposium in St. Louis, Missouri on September 26-28, 2014.

After Lunch: Start to formulate an actual plan for our zone.

Christina: (after lunch) led us in opening the meeting again with the Serenity Prayer.

Christina: Reviewed our 2013 zonal inventory and reminded the body of the following: learning days and workshops; improved communications; coordination with outside entities; and fellowship development.

Barbara: Could we do a calendar to help us coordinate events?

Christina: We don't have a structure to make this happen.

Merle: Two calls between AZF's – the way it's structured whoever hosts the next zonal coordinates the phone conferences. Even though we have a plan; we're falling short.

Kim: Once we move forward we could have discussion boards and post our calendar.

Sherry: Suggested making a timeline on an Excel spreadsheet.

Steve: Would like to have timeline on our website; we could plan our phone calls; be prepared. Each member would sign in and post questions and replies.

Merle: Do a discussion board.

Kim: We can do a discussion board and make it password protected.

Zoe: Using online spreadsheet maybe webinar. Visited Southern forum and heard discussion on what venue they use for discussions.

Sherry: Thinks conference calls were fine but we didn't have a firm agenda.

Webinars may be too expensive.

Kim: CARNA has done webinars. How many people do you want to have involved? You can have a document in front of you.

Steve: Thinks we could use the discussion board for preparation.

Kim: Could be working on our duties and responsibilities of any developed zonal positions in the future.

Christina: We have no structure now. Other zones have positions.

John: We should consider vision statement/mission statement. We're not headed in a logical direction.

Christina: Teleconference call will be Monday, October 20, 2014 @ 9:30pm

Kim: Will set up a discussion board with a password.

Merle: Reminded us that the next conference call should be hosted by next hosting region for the zonal.

John: Thinks we need to see it and piece it together as we go along.

Christina: What we want to accomplish. Breakout sessions seem to work well.

Sherry: Get into the how, should be what is in our vision statement.

Christina: In our inventory: more learning days; reduce redundancy of services; fellowship development. What are we doing? Asked for a timeline.

Sherry: Wants a drop down list in the calendar.

Cheryl: Maybe asking for help like Christina suggested.

Merle: How about inviting someone who has helped establish a zonal. We need to focus on a) finalize AZF mission statement, b) our priorities, and c) discuss our next conference call.

Eddie: Will create our inventory on posters.

Kim: Also could use a projector.

Steve: Did we get any feedback from the WVA Convention learning and training day?

**Steve offered to arrange for a two hour slot at the next C&P convention for a zonal learning/training day discussion.

Christina: Do we want to finish the what of the website today? Work on our mission/vision statements?

Kim: Map, information about zonal; archives; Resolution A, mobile on current site, - what we want – calendar.

***Vision statement is where you want to be. Mission statement is how you get there.**

Sherry: Look at other zones vision and mission statements.

Merle: Having an events calendar

Christina: Region wide events. Mentioned discussion of links. One link to NA.org. A resource link to go to our literature; for professionals; locate meetings; Is NA for Me?

Kim: Who does this website serve?

REGIONS

Eddie: Link to find a meeting.

Kim: Training our RD's. Under resource link: Link to local resources, a subscribe to option for members to know when the site has been updated.

**Topic of conference call: Vision and Mission statement.

Merle: Can we have multiple pages on the bulletin board? Is willing to go to Freestate. Topic: Talk about zonal history and the direction we're going in and why we are going there.

Sherry: Thinks that all RD's should try to attend all regional conventions to become a face for the zonal.

Christina: Learning/training day. What if we devoted an hour to a topic that helps zonal members expand their knowledge.

Merle: Our next agenda topics:

- Finalize AZF vision/mission statement (this to be worked on during conference call)
- Prioritize a list of goals
- Timeline for what we want to accomplish
- Discuss next conference call
- Send reports to secretary as they're not read at meetings

Steve: Wants to know if those who are not RD's may speak?

Kim: When predecessors' don't give new people a chance to speak.

John: Whoever is the facilitator gives priority to RD's on discussions.

Sherry: Never has been a 'no' you can't speak at zonal except at January before conference autonomy zone.

Meeting adjourned at 5:00 pm

Contact list:

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