



# Autonomy Zonal Forum

## Mission and Purpose:

The Autonomy Zone brings all elements of Narcotics Anonymous (NA) from its participating regions together to further the common welfare of NA by providing events which:

- Create an opportunity for Regions to come together to exchange experience, strength, and hope and collectively express itself on matters affecting Narcotics Anonymous as a whole
- Train, mentor and/or inform participants about the fellowship of Narcotics Anonymous.

The AZF is ultimately responsible to the groups it serves inspired by the joy of selfless service, and the knowledge that our efforts make a difference.

<b>Meeting Agenda</b>	<b>January 29, 2022 @ 10:00 AM - 9:00 PM</b>
	<b>January 30, 2022 @ 11:30 AM – 4:00 PM</b>
	<b>Zoom Link -- <a href="https://zoom.us/j/87212116010">https://zoom.us/j/87212116010</a> Pwd:121212</b>

## Attendees:

Note: All contact information is to be removed prior to publishing on the website

Facilitator	Rob U	P	FlyersScore@gmail.com	484.880.2368
Secretary	Merle S	P	merlehug@gmail.com	215.275.3141
Treasurer	Trish C	P	Trishacrowley24@gmail.com	443.517.9338
Central Atlantic RD	Randy D	P	Recovery274@gmail.com	540.327.3335
Central Atlantic RD Alt	Sherry V	P	svorbach@live.com	304-261-0401
Central Atlantic RDA 2	David H	P	brainmed@mac.com	312-545-5114
Chesapeake and Potomac RD	Greg J	P	62jones@cua.edu	301.917.4893
Chesapeake and Potomac RD Alt	Patricia J.	P	patriciageorgiapeach@gmail.com	202-486-0784
Eastern PA RD	Vacant			
Eastern PA RD Alt	Vacant			
FreeState RD	Christian B	P	Sten_christian@yahoo.com	443.603.4373
FreeState RD Alt	John W	P	Jmwallace1995@gmail.com	505.573.1386
Greater Philadelphia RD	Clarence A	P	Llewtra1949@gmail.com	610.659.4304
Greater Philadelphia RD Alt	Ted D	P	Teddawson.td@gmail.com	215.715.4847

- Introductions; others in attendance; Tanya, Kevin O, Craig R, Adam H, Tony F, Bright Hope Group, Brother James, Helene, Liliana
- Overview of agenda
- Meeting opened with vision statement and concepts read

## Agenda Items

- EPARNA disbandment
- Guideline revisions
  - Cover
  - Section 3.1
  - Section 6 – Budget “C”
  - Review Section 7.7 - 80% for consensus? With 4 regions does this apply?
- Service Work Group – Craig
- USMOZ – Rob, Merle
- AZF Summary of Decisions



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- Eastern Zonal discussion
- Prep for next AZF meeting July 30, 31 2022/ Greater Philadelphia

### Guideline revisions

- Cover: Has picture of EPARNA, and lists AZF with 5 regions
- 7.7
- Section 3.1
- Section 6 – Budget “C”

### **Decision: 4/4 agreed, revisions passed**

Review Section 7.7 - 80% for consensus? With 4 regions does this apply? Rob suggested we keep it to  $\frac{3}{4}$ , or 75% to have consensus. John will take on the task of reviewing this. Vote to accept it at 75% pass.

### **Service Work Group: Craig**

Attached you will find documents that reflect our most recent meeting and discussions. I am providing them to you before our meeting so you will have an opportunity to review. Documents are:

- Recap of meeting
- Proposed draft of internal guidelines V 0.2 for a Service Workgroup
- Proposed AZF Guidelines with Strategic Planning incorporated
- Proposed Strategic Planning schedule
- Proposed Strategic Planning and Election timeline

I want to thank all the people who contributed their time, ideas and efforts to our work. I also thank the AZF for giving me an opportunity to serve and contribute.

We will making the following recommendations/proposals at our upcoming meeting.

### **Final recommendations/proposals:**

1. **AZF creates a service workgroup committee**
  - a. **AZF assigns oversight/maintenance of the AZF website to the service workgroup committee**
2. **AZF accepts the suggested service committee internal guidelines**
  - a. **These are a work-in-progress to be utilized as working guidelines and modified later once the active committee works out further challenges and successes**



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3. AZF accepts an AZF Google Drive and AZF Slack Workspace to be maintained by the service workgroup committee
4. AZF accepts the strategic planning guidelines and framework into the main AZF guidelines

Task was to develop the following:

Define a purpose, function, timeline were all completed.

Action Plan to establish Communications, strategic planning, Communication and collaboration Proposals:

1.09 Create a service workgroup

Service and AZF website

AZF Google drive and maintained by the service workgroup

Does AZF accept these guidelines? Create more awareness of the Zone?

Needs to be put into the guidelines, a leader,

### USMOZ – Rob, Merle

April 10 will be hosted by AZF

### Eastern Zonal Discussion

Southeast Zone, Northeast Zone, Autonomy Zone,

With us coming together we will be better known, combine and collaborate our resources.

Zones have the most flexibility

### Auction

Bids for book Auction; proceeds to go to AZF

150 Guiding principles

100 JFT

55 Living Clean

PayPal: @autonomyzone

Cash Ap \$AutonomyZone

Venmo @Autonomy-Zone

### Treasurer Report – Trisha

\*\*\*ADD report 1/3022

### Secretary Report:

It is with careful consideration and regret that I need to step down from the Zonal Secretary position. I take my service commitments very seriously, and it was difficult to make this decision, but due to some serious health issues, I need to take my commitment to myself first. I apologize for not completing my term of service.

ILS,  
Merle S.



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## AZF Guidelines Clarifications – Rob

- Quorum – number of voting members present to conduct business
- Voting – number of and/or type of votes required to pass/fail proposals
- Participants during discussion – AZF me

## Zonal Reports

### **Central Atlantic:**

The Central Atlantic Region has 17 Areas and 1 Metro that covers parts of Maryland, North Carolina, Virginia, and West Virginia. Our meetings are virtual, Hybrid and In Person throughout the Region. Our Regional Service Conference meets 6 times a year on even numbered months and our Regional Subcommittees meet on the odd months 6 times a year. Both are still meeting on the virtual platform.

Our 39<sup>th</sup> Annual Regional Convention was held on January 21<sup>st</sup> – 23<sup>rd</sup>, 2022 in Harrisonburg, VA, hosted by the SheVana Area. It was in-person and nearly 500 members attended. The Beach Area won the bid for 40<sup>th</sup> AVCNA, which will be held in Virginia Beach in January 2023.

Regional Subcommittee activities include the following: Public Relations has started PSAs carrying the NA message on late night TV. They continue to give updates for our YAP service. H&I has a new Chairperson Carol M, who unfortunately has not showed up since being elected. Several Regional motions were referred to the Policy Subcommittee, which hashed out the motion language. These motions have now been sent back to groups.

Open Positions currently include: Speaker Jam Chair, Vice Treasurer, and Vice Chair.

The Delegate team have announced two CAR/CAT workshops, on February 20<sup>th</sup> and March 5<sup>th</sup>. Both will be virtual. We are opening voting on the CAR/CAT in the Region, and members may vote three ways: electronically through a ballot on SurveyMonkey, by paper ballot, or in person at the GSR Assembly.

Finally, the Delegate Team is preparing for the GSR Assembly on April 16<sup>th</sup>. In the morning we will hold in person voting for the ICC CAR/CAT. Regional Trusted Servants will give brief reports to the GSRs, as required by our policy. In the afternoon we plan to hold workshops on Encouraging Service and Mentorship in Service. These topics emerged as Action Plans from our Regional Planning process.

It is an exciting and busy time in NA service in the Central Atlantic!

YIS,

Randy D, Sherry V, and David H

Regional Delegate Team, Central Atlantic Region of NA

### **Chesapeake and Potomac:**

The C&P Region has 11 Areas within the region, and 8 Areas were represented at the December 11, 2021, RSC. Our Region has a total of 322 meetings, 124 in-person; 158 virtual; and 40 hybrid. The C&P Region meets every even month of the year and is currently meeting virtually.

Our next RSC will meet virtually on Saturday, February 12, 2022, 1:00 PM EST.

The C&P Region's Cash App (\$CPRCNA) is an additional vehicle to receive donations.

Our Region will host an in-person Service Workshop, "Celebrating Service with Speakers and a Slice", Saturday, February 19, 2022, Bush Hill Presbyterian Church, 4916 Franconia Road,



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Alexandria, VA, 11 AM – 6 PM. The flyer, schedule and updates can be found at CPRNA.org. We will also host a virtual CAT/CAT workshop, Sunday, March 13, 2022, 1 PM EST presented by the NA World Board.

The C&P Regional Convention, CPRCNA XXXV, will be-person, April 8-10, 2022, Ronald E. Powell Convention Center, 4001 Coastal Highway, Ocean City, MD. This year's theme is "More Powerful Than Words. Please visit <https://www.cprcna.org/> for updates.

The Regional Subcommittees are functioning well.

Greg J. – RD, and Patricia J. – RDA

### Eastern PA:

Shawn officially stepped down as the RD at our August Regional Meeting. There was also a motion put forth to the three areas to disband as a region. The areas voted to disband, and we are currently working at finalizing our financial obligations and to maintain communication and a connection for addicts seeking recovery. At this point Twin Rivers has joined the MidAtlantic Region. Pure and Simple area and Bucks area have not made a decision as to which Region they will go to.

### Freestate:

Christian B RD

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John W AD

505-573-1386

The Freestate Region consists of 10 areas covering Maryland, Delaware, and Virginia. Many meetings and service bodies are meeting in person, hybrid, and virtually. Some of our areas are having more success than other re-opening and filling positions. The Freestate Regional Committee has been meeting hybrid. Our meeting place is open with restrictions. We meet the second Saturday of the month at the Service Center and via Zoom starting at 11am.

The region will be holding elections in August and all positions are available. Many of the subcommittee chair positions are open as are some of our executive body alternate positions. Vacancies include H&I Chair, and Special Events Chair. Three of our regions don't have a RCM II. NAWS recently sent a survey out to members regarding the virtual, hybrid, in-person nature of future WSC. The FSR did not like the idea of hybrid but did favor moving in the virtual direction. As far as moving the conference to a 3-year cycle instead of a two year cycle our Region was clear they like the 2-year cycle. RCMs also agreed that WSC should pay for RD's and the FSR should pay for the AD to attend the conference.

The FSR has been discussing using CBDM to conduct Regional Business. The AZF provided a workshop yesterday on CBDM in the hopes that members would gain a better understanding of how it works. The FSR will decide whether to try the model.

The FSR put forward a motion to be placed in the CAR.

Motion:

To direct NA World Services to remove the Hospitals and Institutions Handbook from the inventory  
Intent: To remove an outdated service manual from WSO inventory

Rationale:

The H&I handbook has not been updated since the 1980's and with our current literature update process, will never be prioritized high enough. We believe a better approach would be to update the Public Relations Handbook Chapter 6 (Criminal Justice) resource section and H&I Basics with more



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information relevant to current practices and methods for carrying our message that could include using virtual platforms and tools. We believe this will better serve our trusted servants involved in H&I service by providing more current and better tools

The motion has been received by the WSO. We are awaiting a written response from the World Board.

UPDATE ON The Motion: Covid has caused the WSC to be moved to 2023. We may bring this motion up then.

FSRCNA was held 11/26-28 in person at the BWI Marriott. The FSR had a 1 hour and 15-minute workshop on Saturday afternoon. It was a success. FSRCNA was very successful. The profits above expenses and holding seed money for next time were approximately \$20,000. Donations of \$10,000 each were made to the NAWS and the Service Center.

The delegate team attended the Multiple –Zonal Service Symposium Aug 27-29 in San Antonio. Many of the ideas for our current AZF came from that symposium. CBDM workshops and breakout rooms to name a few.

The delegate team will attend MARLCNA next weekend.

The Freestate Region hosted the current AZF.

Thank you for your service

The Freestate Region Delegate Team

### Greater Philadelphia

The GPRNA is doing well. We meet on every even month on the first weekend that Saturday & Sunday fall together. There are 12 areas in the Greater Philadelphia Region. At the RSC meeting we have 11 of the 12 areas in attendance. Weekly meetings for the GPRNA are as follows:

In Person-431

Hybrid- 146

Virtual- 15

Due to the rise in COVID19 cases, Regional PR held an Informational Zoom Meeting on the 5<sup>th</sup> of January to discuss best practices for retuning to in person meetings. With over 125 people in attendance from different areas and regions, this was a successful event.

During the discussion we had several home group members share their best practices on how they were handling in person meetings.

One homegroup shared the individual question sheet that attending members were required to fill out. Copy is attached.

The link for the NA website for reopening meetings was supplied.

Due to the pandemic we have not had printed meeting books, however we have had meeting information available online at [naworks.org](http://naworks.org).

The IT Special Worker has developed a tri-fold meeting list for each area with a QR that when scanned, would allow you to access our Regional website.

We have continued to ask members to take the World survey that we have posted to our regional website.

This weekends AZF information is posted on the Regional website and we have sent out emails to RCMs, Areas, & members to please attend , especially the workshops.

So far we have had two CAR workshops. We are having a Regional CAR Workshop on zoom on February 26, 12pm-4pm.

**Zoom Info- 532 740 6231**



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Passcode- 1234

We look forward to planning our next AZF event in July.

In Service ,  
Clarence A.RD  
Ted D. RDA  
RD Team.

### Upcoming AZF Schedule

- Virtual meeting: March 24, 2022, 7 PM
- July 23, 24 2022/ Greater Philadelphia
- January 28, 29, 2023/ Central Atlantic
- July 29, 30, 2023/ Chesapeake and Potomac
- January 27, 28, 2024/ Freestate