



Autonomy Zonal Forum – Minutes 7/24/2022

Mission and Purpose:

The Autonomy Zone brings all elements of Narcotics Anonymous (NA) from its participating regions together to further the common welfare of NA by providing events which:

- Create an opportunity for regions to come together to exchange experience, strength, and hope and collectively express itself on matters affecting Narcotics Anonymous as a whole
- Train, mentor and/or inform participants about the fellowship of Narcotics Anonymous.

The AZF is ultimately responsible to the groups it serves inspired by the joy of selfless service, and the knowledge that our efforts make a difference.

| | |
|----------------|--------------------------|
| Meeting Agenda | July 24, 2022 @ 10:00 AM |
|----------------|--------------------------|

Attendees: Note: All contact information is to be removed prior to publishing on the website

| | | | | |
|-------------------------------|-------------|---|--------------------------------|--|
| Facilitator | Rob U | P | FlyersScore@gmail.com | |
| Secretary | Vacant | | | |
| Treasurer | Trish C | | Trishacrowley24@gmail.com | |
| Central Atlantic RD | Randy D | P | Recovery274@gmail.com | |
| Central Atlantic RD Alt | Sherry V | P | svorbach@live.com | |
| Central Atlantic RDA 2 | David H | | brainmed@mac.com | |
| Chesapeake and Potomac RD | Patricia J | P | patriciageorgiapeach@gmail.com | |
| Chesapeake and Potomac RD Alt | Robert F | | Robert.farah@gmail.com | |
| Freestate RD | Christian B | P | Sten_christian@yahoo.com | |
| Freestate RD Alt | John W | P | Jmwallace1995@gmail.com | |
| Greater Philadelphia RD | Clarence A | P | Lleutra1949@gmail.com | |
| Greater Philadelphia RD Alt | Ted D | P | Teddawson.td@gmail.com | |

Others in attendance: Bryan, Billy, and many others from in and around the Greater Philly Region.

Meeting opened at 10:09 am with moment of silence followed by the Serenity Prayer, readings of the NA Vision Statement, and 12 Concepts of Service

AGENDA

• Regional Reports

- **Greater Philadelphia Region** - The GPRNA is doing well. We meet on every even month on the first weekend that Saturday & Sunday fall together. There are 12 areas in the Greater Philadelphia Region. At the RSC meeting we have 11 of the 12 areas in attendance. Weekly meetings for the GPRNA are as follows: In Person-431, Hybrid-146, Virtual -15. Due to the pandemic, we have not had printed meeting books, however we have had meeting information available online at naworks.org. The IT Special Worker has developed a tri-fold meeting list for each area with a QR code that when scanned, would allow you to access our regional website. There is also a number that when dialed it prompts you to put in your area code and it will send you a text with directions to the five meetings close to you. We have continued to ask members to take the World survey that we have posted to our regional website. This weekend's AZF information is posted on the regional website, and we have sent out emails to RCMs, Areas, & members to please attend, especially the workshops. Thanks to everyone for your participation. Although the member turnout was low, we still had a very informative event for the members that did show up in person & hybrid. Expenses \$1,660.39 (not including this morning's food) {addendum \$2082.42} In Service, Clarence A. RD, Ted D. RDA, RD Team



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- **FreeState Region** - Freestate Region is comprised of 10m areas with a currently undetermined number of weekly meetings. We meet the second Saturday of the month hybrid. The Region will be holding elections at the August 13th Regional meeting. All positions are open for election. Our positions all need to be voted in. Over the past election cycle, we have struggled to fill all of our position, especially subcommittees. Our attendance has average 8 areas in person and online. The Region is currently experimenting with CBDM as a decision-making service structure. We have created a task team to come up with recommendations, guidelines, and procedures. The Freestate Regional Convention Committee has signed a contract with the Hyatt Regency Inner Harbor for the 2022 in person convention. This year's theme is Miracle of Recovery. Pre-registration is currently open @ fsrcna.org. The Areas within our region are hosting several events throughout the summer please visit freestatens.org/events for locations and dates. Thank you, Freestate Region Delegate Team, Christian B RD, John W AD
- **Central Atlantic Region (CARNA)** - Central Atlantic Region meets on 3 Saturday of the even months. With 2ea 2-day events in April and October. We started this period with \$17,850.25 in the bank. There was \$3,643.12 in income and \$323.27 in expenses, leaving us with a current balance of \$21,170.10. The \$3060.85 we have over prudent reserve will be donated to NA world services. We had additional charges from 1AND1.com, our website service provider. The information on how to get into it has been lost and we cannot terminate the service at this time. Will try to contact a former IT member. PR has been helping areas with domain management for their websites, and the fees involved have been charged to our regional account. Working on a way to deduct the current fees from the donations of the related areas, it might be worth discussing absorbing these fees as part of the services we provide to areas in the region. In July we had a table for the Virginia Summer Institute on Addiction. We received the remaining Basic Texts that were donated to CARNA from ECCNA 24 last month. We have a new treasurer after our previous treasurer has served for a year or more protem after their position was up. Blue Ridge Area celebrated its 40th campout held July 15-17th at Natural Chimneys, VA. Almost Heaven Area Convention 34 August 5, 6 ,7, 2022 at the Northern Virginia 4h Center, Front Royal VA. Richmond Area is having their first convention on Oct 28-30, 2022. January 23, 2023 will be the 40th regional convention at the Marriott Virginia Beach Oceanfront 4201 Atlantic Avenue, Virginia Beach, Virginia, USA, 23451. Open Positions, vice chair, policy, vice treasurer never filled, H&I chair. We should be having our two-day event on October; more will be revealed. We were approached by one of our areas about a presentation at our 40th regional convention on mending personal long-term relationships because of conflict during covid shutdowns. Any experience with this please let our delegate team know. Central Atlantic Regional Delegate Team Randy D. RD, Sherry V. RDA, David H. RDA2, carnadelegateteam@car-na.org
- **Chesapeake & Potomac Region - (C&P) RD/RDA Combined Report** - The C&P Region has 11 Areas within the region, and all 11 Areas were represented at the June 11, 2022, Regional Service Committee (RSC) meeting. Our Region has a total of 322 meetings, 124 in-person; 158 virtual; and 40 hybrids. The C&P Region RSC meets every even month of the year and is meeting virtually. Our next RSC will meet virtually on Saturday, August 13, 2022, 1:00 PM EST. The C&P Region's Cash App (\$CPRCNA) is an additional vehicle to receive donations. Our Region is submitting a check in the amount of \$300 for our contribution to the AZF. The Regional picnic is scheduled for August 20, 2022, Lacey Woods Park, Arlington, VA. Please visit www.cprna.org/events for more details. The C&P Regional Convention, CPRCNA XXXVI, will be-person, April 14-16, 2023, Ronald E. Powell Convention Center, 4001 Coastal Highway, Ocean City, MD. The theme is "Vision Without Limits". Please visit <https://www.cprcna.org/> for updates. The Regional Subcommittees are functioning well. H&I, PR, Special Events, Policy, and Literature. In loving service, Patricia J. – RD and Robert F. RDA



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- **Treasurer Report** – Good morning. I apologize for not attending the meeting as there was a death in the family and the services are this weekend. The Autonomy Zonal Treasurer position was created in late 2020. Since that time, I have served the position to the best of my ability, with the help of Sherry. Together we have set up the necessary accounts with PayPal, Venmo, Cash App and a bank account to accommodate any and all donations. The position is a two-year commitment with the option of another term. I will not be running for that second term as my personal life has become overwhelmingly full. Whoever becomes your new treasurer, I will go thru everything with them and turn everything over. I would like to thank the Autonomy Zone for allowing me the opportunity to serve as your treasure. Although the position has been limited to start, I am grateful that I was able to participate. I have enjoyed getting to know so many of you and I will cherish the memories! As of my May report the balance was: \$3044.74, June 1st - \$1000. Check sent to the Greater Philadelphia Region as directed, June 11th \$40. Donation from Almost Heaven Area (PayPal), July 15th \$77.94 Donation from Almost Heaven Area (PayPal), Bringing our balance to: \$2,162.68, I have attached the statements to this report. Please continue to contribute to the AZF at any of the listed below avenues. You can also mail them directly to me at my home address. ILS Trisha C
- **Open position** – Secretary – no nominations
- **Eastern States Zonal Task Team (ESZTT)** – Billy, Sherry, Bryan (Trish) - Nothing to report.
- **AZF web updates** – Rob reported he posted some flyers on the web site and is looking for direction on what the AZF would like to do to keep the site up to date. Sherry volunteered to help.
- **USMOZ** – Rob – U.S. Meeting of the Zones Meeting: 10-Jul-2022 - 8 US Zones Attending
 - Workshops and discussions on US Website, Public Relations, Fellowship Development, Training Tools, Service Materials, Collaboration of US Zones.
 - Presentations on Where we came from, the stagnation of new groups starting, reminder of the survey that went out to regions (changed deadline to December 15th),
 - Examples on what each of the US Zones and Canada has accomplished.
 - Examples of Strategic Planning examples given. A Visioning exercise followed.
- **VMOZ** – Rob – Virtual Meeting of the Zones Meeting: 25-Jun- 2022 – 13 International Zones Attending (see attached) All Zones present except Afri-can and Southern Zones.
 - Restarting services in the wake of the pandemic – Round-robin check in: How are zones/regions/areas doing restarting their services as the world opens back up?
 - Asian Pacific Forum (**APF**) – 31 countries met 1x month for Public Relations (PR) & Fellowship Development (FD). F2F has better attendance. The 3rd APF convention will be Darjeeling, India next year. Iran has a language barrier.
 - Autonomy Zonal Forum (**AZF**) – Most meeting opening back up with some facilities having own pandemic guidelines. Many meetings are still virtual or hybrid. Convention having no issues celebrating recovery.
 - Brazilian Zonal Forum (**BZF**) – Fully returned to F2F. NE Region has not yet opened. Alternative Sentencing Project is returning. Project to map where NA isn't happening. Groups use Basic Meeting List Tool (BMLT). Publishing H&I magazine.
 - Canadian Assembly of NA (**CANA**) – worked non-stop over pandemic. Back to annual F2F meeting. Many PR events. Scanning survey out nationally. Using strategic planning. New workgroup offering attendance to regions.



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- European Delegate Forum (EDM) – PR committee to carry message externally, FD internally. Giving more attention to where there is no groups or meetings.
 - Latin American Zonal Forum (LAZF) – Will have 1st Interzonal convention. Published member survey and pamphlet with graphics and stats. Spanish-speaking area of South Florida is a part of LAZF. PR trying to reach government, doctors, book fairs. FD focusing on where there are no meetings.
 - Midwest Zonal Forum (MZF) – Back to pre-pandemic status. Zone meets virtually. Hosting MZSS in Detroit October 2023.
 - Northeast Zonal Forum (NEZF) – PR had meeting with senator about statewide services. PR working to bridge the gap in language between NA and professionals. On PSA the word “addict” was viewed offensive. Strategic planning out to fellowship. Created postcards “get into the zone.” Building video tools – H&I orientation and What is a Zone? Northeastern States Service System Symposium (NESSNA) is next weekend in Boston.
 - Plain States Zonal Forum (PSZF) – Met 2x in person. Had more people online. Looking a strategic planning. Conventions occurring at record numbers. H&I is opening back up.
 - Russian Speaking Zonal Forum (RZF) – Russia is back to normal. Held Zonal convention in July attended by 3k members. Regional convention celebrated 30 years of NA in Moscow attended 5k.
 - Rocky Mountain Zonal Forum (RMZF) – still meeting virtually – more cost effective. Does not provide zonal services. Focus more of communication and support. PR efforts challenged by open geographics. Conventions planned conservatively exceeded expectations. Struggling to find service members. Western States Learning Day 36 (WSLD) will be in Denver this October. Sending DVD speakers into institutions.
 - Southeast Zonal Forum (SEZF) – Have done more service in last 5 years than 30 years prior. Groups and committees meeting F2F, virtual, and hybrid. Difficulty getting back to some facilities.
 - Western States Zonal Forum (WSZF) – Members with long time relapsing because they did not attend online meetings. Zone has not met recently. San Diego Region buying more insurance for groups. Medi-cal starting treatment and detox. They consider NA a religious program so facilities are closing H&I meetings so they can get funding. Conventions are well attended with and without CDC requirements.
- Innovations in service -_Open discussion: Has anyone has taken this opportunity to introduce or institute some new (at least to their area or region if not new altogether) service ideas coming out of the pandemic? What new and/or creative ways are zones supporting/serving their regions/areas/groups/members?
 - AZF - One region adding QR codes on posters directing to meeting list (so is Brazil)
 - SEZF - Blind person is facilitating a task force, creating a guide for accessibility / additional needs, Proposal to create an Eastern States Zone, trying to provide electronic literature on tablets in state prisons
 - EDM -Offering workshops and sharing sessions with local fellowship
 - BZF -Service Group for Special Needs, translation in sign language
 - PSZF - Trying to get literature to incarcerated inmates via tablets
 - CANA - Doing workshops at regional level on what is CANA, French translations
 - LAZF - Mapping of the groups, targeting areas in need
 - NEZF - Guidelines creating Best Practices, routine addendums, Discussed locally developed recovery and service pamphlets, as to FIPT



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- Next VMOZ Meeting Agenda
 - Scanning/surveying—Several zones mentioned they do a scan or survey as part of their planning process to get a sense of local needs.
 - Filling in the gaps: Several zones mentioned they are mapping meetings or in other ways identifying where NA has not yet reached.
- **Service Work Group (SWG) - 1) Internal Guidelines 2) Strategic Plan 3) Positions**
 - Discussion on status of this workgroup. The AZF meshed the SWG Election and Strategic Planning timelines with existing AZF Guidelines at last meeting. The SWG Internal Guidelines is separate from the AZF Guidelines, and all SWG positions are open. See New Business.
- **Consistency in scheduling AZF meetings** – see New Business.
- **3-year WSC cycle** - discussion on the advantages and disadvantages of a 3-year WSC cycle.
- **New Business**
 - Regarding the status of the Eastern States Zonal Task Team (ESZTT) Proposal made to re-purpose the ESZTT into an exploratory group. Proposal had no consensus. Straw poll taken asking does the ESZTT have any further purpose with the AZF 0-4-0. No RD's thought the SWG had any further purpose, so ESZTT was dissolved.
 - Regarding AZF contacts at USMOZ and VMOZ meetings - Rob alone attended the last USMOZ and VMOZ meetings. RD's discussed that AZF historically had at least two Zonal contacts at these meetings. Patricia volunteered to be the 2nd Zonal contact at the next events. RD's had no objections.
 - Regarding SWG Election Timelines - RD's agreed to start the Election Process as per the guidelines, The AZF positions, Facilitator, Secretary, and Treasurer are open to receive resumes. The process starts by downloading the [NA AZF Service Resume](#) on the Autonomy Zonal Forum web site. See roles and responsibilities attached to the end of this report. Additional information can be found in the [AZF Guidelines](#).
 - Regarding consistency of AZF meetings.
 - Proposal to hold a virtual planning meeting one month prior to each of the two regularly scheduled AZF weekend meetings, plus two additional virtual meeting for a total of four additional meetings per year. Straw poll was split 2-2-0 – RD's had no consensus.
 - Proposal to hold the next AZF virtual meeting on the fourth Monday in October 2022 at 7:00 pm. 4-0 – RD's had consensus. The next virtual meeting will be October 24, 2022.
 - Proposal to always meet virtually on the fourth Monday in October, every year, plus meet virtually on the fourth Monday in April, every year. Vote: 3-1 RD's had consensus.
 - Discussion on AZF status as a Zone. Should we continue with four regions? Should we look at joining other Zones? Regions need to decide for themselves.
 - Discussion on AZF Facilitator participation and share at the last CP Webinar. RD's agree that AZF Facilitator attendance is OK as an observer only, but not as a participant.

Meeting closed at 1:07 pm with a moment of silence followed by the Serenity Prayer

Next AZF Meeting: Monday, October, 24, 2022, virtual at 7:00 pm

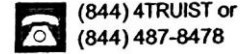
Next AZF Weekend: Hosted by Central Atlantic in January 2023



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Your consolidated statement
For 05/31/2022

Contact us



Summary of your accounts

| ACCOUNT NAME | ACCOUNT NUMBER | BALANCE(\$) | DETAILS ON |
|--|----------------|-------------|------------|
| TRUIST COMMUNITY CHECKING | [REDACTED] | 5.00 | page 1 |
| TRUIST COMMUNITY CHECKING | [REDACTED] | 3,044.74 | page 1 |
| Total checking and money market savings accounts | | \$3,049.74 | |



Checking and money market savings accounts

■ TRUIST COMMUNITY CHECKING [REDACTED]

Account summary

| | |
|---|----------|
| Your previous balance as of 04/29/2022 | \$5.00 |
| Checks | - 0.00 |
| Other withdrawals, debits and service charges | - 0.00 |
| Deposits, credits and interest | + 0.00 |
| Your new balance as of 05/31/2022 | = \$5.00 |

■ TRUIST COMMUNITY CHECKING [REDACTED]

Account summary

| | |
|---|--------------|
| Your previous balance as of 04/29/2022 | \$2,941.97 |
| Checks | - 0.00 |
| Other withdrawals, debits and service charges | - 0.00 |
| Deposits, credits and interest | + 102.77 |
| Your new balance as of 05/31/2022 | = \$3,044.74 |

Deposits, credits and interest

| DATE | DESCRIPTION | AMOUNT(\$) |
|--------------------------------------|---------------------------------------|------------|
| 05/05 | TRANSFER PAYPAL 0093 PATRICIA CROWLEY | 61.04 |
| 05/20 | TRANSFER PAYPAL 3893 PATRICIA CROWLEY | 41.73 |
| Total deposits, credits and interest | | = \$102.77 |



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June 2022 Virtual Meeting of Zones
25 June 2022
9–11am, Pacific Daylight Time (16:00–18:00 GMT)

Settle in

Start interpretation feeds. Remind everyone of the purpose of the Virtual Meeting of Zones. VMoZ is functioning as the workgroup for the Role of Zones Project. The focus is on helping zones become more effective service bodies, exchange ideas and experience, and share thoughts on the zonal delegate role.

Take stock of who is present

Zonal “roll call.”

All zones except Afri-can and Southern present.

Does anyone who has not been to a virtual meeting of zones want to introduce themselves by name?

Beth (PSZF) and Julio (LAZF) say hi.

Board members present can introduce selves.

Michael, Tana, and Yoel say hi.

Restarting services in the wake of the pandemic

Round-robin check in: How are zones/regions/areas doing restarting their services as the world opens back up?

APF: 31 countries get together once a month for PR and FD. We discuss local issues. Once a quarter we have workshops. Because we are so diverse, they tend either to focus on basics or they are very specific in focus. We are now meeting f2f again. Next year, meeting in India in Feb. Looking forward to it because that’s where the learning takes place. The 3rd APF convention will happen at the end of the APF service meeting in Darjeeling, India next year. There is a lack of attendance at the Zoom workshops. F2F is better attendance and helps learning more. Iran has a language barrier.

Autonomy: More than 50% opening back up. Still facing facilities that have their own pandemic guideline rules. Doing okay mostly abiding by them. A lot of service meetings are meeting hybrid—area/region/zone. Conventions seem to be reopening easily. East Coast Convention happened early June. The proceeds buy Basic Texts to give away free for prisons up and down the east coast.

Brazil: Fully returned to f2f. All of our groups are open. We have projects to support communities that are challenged. This weekend, for instance, we had 2 initiatives to carry the message to 2 different communities. Minas Region PR workshop. Forum to help the local communities. More than 10,000 members reached. The NE Region hasn’t been able to reopen. Alternative sentencing project is returning. July 5 we are having a virtual meeting of the Brazilian association (ABNA). On the 12th is the second part of the meeting. We have 2 annual virtual meetings and 2 annual f2f meetings. Regions—some are f2f and some are virtual. Project to map where NA isn’t happening in Brazil yet. There are some places with lots of groups and some places with no NA yet. All of our groups use the BMLT, and we have some professional servers, and we use some programs to make it easier. We publish a magazine only for H&I. We will share the first edition.

CANA: We didn’t stop a lot of stuff in the last 2 years. Our workgroups meet virtually no matter what. We are back to our annual f2f meeting this year—Aug-Sept, St. John’s Newfoundland. We have some big national PR events. Scanning survey is out nationally. We use that for strategic planning. We created a new workgroup that offers attendance to regions. We went to AI Sask and BC. It’s like when NAWS goes to ZFs. The regions really like having ZF members at their regions. Creating workshops for regions and areas. What is ACNA/CANA workshop almost done.

CANA/ACNA Stats are:

10 Provinces, 3 Territories, 5 Regions, 64 Areas, 1361 Meetings
Updated May, 2022



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EDM: Formalized the PR committee. We've been doing PR but haven't had a formal committee. They carry the message externally. FD carries the message internally. How to organize a PR/FD committee. The FD committee went to Riga and had a workshop—as a result, the Latvia region is setting up an FD committee for the first time. Something new: the member doing the service didn't speak fluent English. They spoke Italian which was translated into Russian. It seemed to work. We are giving more consideration to where there are not groups or meetings. Members are reaching out to ex pats who have local connections where there aren't currently meetings (e.g., Kosovo). Russian Tranzit—nongeographic region.

LAZF: LAZF was invited to BZF convention to present. We are going to have the first interzonal convention. Virtual. There are some regions that participate in both zones. Second, we have finally published a survey to members. And we made a membership survey pamphlet for PR uses and gave a pamphlet to all delegates/regions. I will send to the WB the graphics and final PDF for the pamphlet to post. Spanish-speaking area of south Florida is part of the LAZF. PR now trying to carry the message outside the Fellowship to government, institutions, doctors, book fairs, etc. Tried to create an easy-to-remember emergency number that would route to a region. FD plans to focus on places where there are no meetings. We haven't yet decided where specifically to focus first.

MZF: Regions seems to be mostly “back.” In-person conventions are back. The zone itself is still meeting virtually. We were hoping to meet in person in August, but we are still meeting virtually. We will host MZSS in Detroit in October 2023. Multi Regional service symposium for 2024. Some groups are not well equipped to do hybrid and may stay virtual. Also, we are participating in the US zonal collaboration. The Chicagoland Regional Convention will be Jan 5-8, 2023. (In case you're wondering, January is a great time to be in Chicago.)

NEZF: US collaboration of zones. July 10, meeting virtually 3-8pm. There is a survey out to the regions to make this a formal body. Our projects mostly relate to connecting. PR had a discussion with a senator about statewide services. Statewide business cards for senator to distribute at NARCAN training meetings. Strategic plan survey is about to go out to members. We made some postcards “get into the zone.” Rebuilt website. Guidelines workgroup. We didn't slow down during the pandemic. We sped up. Building video tools H&I orientation. What is a zone? There is a competition for resources, with lots of conventions and events happening back-to-back with the reopening. Underscores the need for communication/collaboration. NEZF has been hybrid last 2 meetings.

NEZF PR is working on a Public Relations pamphlet for professionals to bridge the gap in language between NA and the professionals - especially since one of our PSAs was just rejected for using the word 'addict' which was considered offensive language.

The northeastern states service symposium of NA is July 29-31 in Boston, MA (a month away). Please go to www.nesssna.org to book your hotel room and register. We are also still looking for a handful of backup workshop facilitators if you're interested, please contact me! (207) 485-3133, selavalle@gmail.com. NESSNA is not a zonal effort, but the zone has discussed adopting it.

PSZF: Zone has met twice in person. It was small. We had more people meet online. We will discuss this growing forward and be looking at this in the strategic plan. Hybrid may be better. Two of our regions lost meetings during the pandemic, but now they have more than before. It seems that small isolated rural communities started meetings after members were inspired and connected during the pandemic. Conventions have had record numbers of attendees. H&I is opening back up too. It's been difficult getting back into some treatment centers. Sponsorship Behind the Walls is picking back up.

RZF: Russia is pretty much back to what we've used to before pandemic.

Some groups closed during pandemic, but new groups were opened, and the number of offline meetings grew. A number of online groups were opened and some of them are still working. Some groups are maintaining the hybrid format. Events are back; we managed to hold Zonal Convention last July (in between of pandemic waves) in Kazan (sp?), which gathered about 3k attendees. A few weeks back, we held a one-day Regional Convention in Moscow celebrating 30 years of NA in



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Moscow, which gathered about 5k attendees. Regions, Areas, and Groups are holding both service and recovery events of different scales. All services are gradually getting back to normal on all levels of service structure. H&I was most heavily impacted. We were not able to be admitted to institutions. We are now getting back.

Some stats for RSZF: number of groups, June 2019: 758; May 2021: 784, number of meetings a week: June 2019: 2631; May 2021: 2963

RMZF: Still meeting virtually. Costs keep us virtual. We were hybrid before the shutdowns. We do not provide services as a zone. We are focused on communication and support. We have geographical challenges—cities with meetings surrounded by places that don't have meetings. It's hard to do PR in those places because there are no meetings to send addicts to. Conventions—we planned conservatively, and they have exceeded expectations. Struggling to get people involved in service again. Not filling all the positions on event committees. WSLD will be in Denver in October. H&I is hit or miss. Some places are starting back up. Some have allowed us to come in virtually. DVDs of speaker tapes to send it to meetings.

Western Service-Learning Days (WSLD) will be held in Denver, CO Oct 27-30. wsld.org

SEZF: We have done more service in the last 5 years than the 30 years prior. The closer we get to the local level, the more f2f meetings are happening. Some meetings and service bodies have decided to meet virtually or hybrid moving forward. Because of expense to travel. Difficulty finding meeting facilities since the pandemic. Old timers have left the in-person meetings in droves.

WSZF: Some members with lots of time have relapsed because they wouldn't do online meetings. Others have come back and shared that they haven't been to meetings during the shutdowns.

Some of them didn't have a lot of internet experience. Our zone hasn't met recently since reopening. In my region (San Diego Imperial) meeting places have increased the amount of insurance they are requesting from the groups. The RSC just approved a motion to bury more insurance, which covers the groups. We've gone from 425 meetings before the pandemic to about 100 mid-pandemic. Now we are at around 250 in-person and 70 virtual. H&I on a regional level mainly did prison meeting. We haven't talked to them about coming back. We need to. In California: Medi-cal is starting to cover addiction treatment/ detox. But they consider NA a religious program so facilities are getting rid of their H&I NA meetings so they can secure the funding.

Conventions: well attended. Some hotels have had requirements for testing and vaccinations. Others that have no such requirements have had outbreaks afterward. We have had a presence at parolee meetings. The in-person meeting stopped, but now we have a large parolee meeting online—initiated in So. Cal. (1,000 attended/annually).

Innovations in service

Open discussion: Has anyone has taken this opportunity to introduce or institute some new (at least to their area or region if not new altogether) service ideas coming out of the pandemic? What new and/or creative ways are zones supporting/serving their regions/areas/groups/members?

SEZF: Blind person is facilitating a task force. Held a multi-zonal CAR/CAT workshop. Big success. Thank you WB for the short CAR/CAT. Asking regions whether the US collaboration should be formalized. Task force—creating a guide for accessibility / additional needs for events (including WSC). Proposal to create Eastern States zone. SEZF and Autonomy have agreed. NEZF is still discussing. Still going to create an eastern states zone with or without them. (From Dennis/NEZF in chat: Eastern States workgroup was voted down and is nowhere on the table in NEZF. The Eastern States Zonal idea had about 50-60% support in the NEZF, but our recent rapid evolution in the NEZF has enough of our regions hesitant to discuss anything 'outside' the NEZF until we get our 'feet under us')

Here's what the SEZF decided about Eastern States Zone: "To send an invitation to the Northeast and Autonomy Zonal Forums asking them to participate in a workgroup to discuss combining the three zones into a single Eastern States Zone. This workgroup will bring back recommendations and/or alternatives to each of the zones for their review and/or approval by the member regions in the zones.

The workgroup will be made up of three members from each zone, selected by each zone. The



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workgroup meetings will rotate among each of the zones, facilitated by the hosting zonal facilitator. Voting participants in the workgroup will be the nine zonally-selected members, and NA members in the zones are encouraged to participate and will have a voice."

Matthew/EDM: The Eastern states zone concept is something that will be of real interest in EDM. I think there are currently 7 or 8 zones within USA and 7 or 8 Zones covering the rest of the planet. This was a real talking point when zones were defined and mapped out, at the EDM.

BZF also has a Service Group of Special Needs. And we have a virtual meeting aimed at people with special needs with translation in Brazilian Sign Language - LIBRAS

SEZF: Trying to provide free elit on tablets in state prisons. My area initiated the project. We are struggling to get people here to understand the concept. This may have value to other zones.

Plains States Zonal Forum is looking into getting literature to incarcerated inmates via tablets, as well. We had Ohio join our most recent zonal forum meeting to share their experience.

CANA: Flyer for workshops to do at a regional level. Members from the zone who are not from the region to come and do presentations and bring a different perspective and view. We are creating a workshop for what is CANA. Trying to get closer to the members themselves. Created a workgroup for French translations. They are getting translations done.

AZF: One of the regions in our zone was left with old, printed meeting lists. Decided to give out QR codes—make posters and connect that to BMLT. So that places like hospitals could hang a poster and people can scan it.

In Brazil it is the same. The help line posters come with QR Code with the list of groups or with the link to virtual meetings.

LAZF: Every two years: LAZF and convention. We want to propose mapping of the groups and areas in Monterey Mexico (location of next convention) every 6 months—to help measure how we can impact local community with a convention. 3 conventions ago we were in Tijuana, and they had huge growth.

EDM summer conference is always at the venue of European Convention but for our winter EDM meeting we are trying to prioritize bids from developing regions to host the conference. We try to offer workshops and sharing sessions with local fellowship, along with attending meetings and just being awesome!

Something NEZF Guidelines is hoping to accomplish: Create Best-Practices / Routine Addendums for the guidelines that do not need to go through normal approval routines - they are basic how-to's and best practices for each position and major duty, so we don't need to reinvent the wheel with each new trusted servant.

Btw - the NEZF did discuss in April the idea or possibilities of locally developed recovery pamphlets and locally developed service pamphlets --- part of the idea is some issues are very culture specific and do not translate as much between cultures - but also how to address concerns relating to 'fellowship approved recovery literature' and the FIPT. All about serving the need as part of a greater whole.

Cuba region shut down during the pandemic. All 10 meetings closed. Now they have restarted and sent \$100 to world services.

Closing

Next VMoZ meeting will be October or November. Two topics we might discuss either there or between now and then via email:

1. Scanning/surveying—Several zones mentioned they do a scan or survey as part of their planning process to get a sense of local needs.
2. Filling in the gaps: Several zones mentioned they are mapping meetings or in other ways identifying where NA has not yet reached.



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Section 4 Trusted Servants

The AZF will elect the following trusted servants, and these individuals will assume responsibility for the tasks associated with their commitments. Election to a trusted servant position requires membership in NA and a nomination by an AZF member participant.

Facilitatorⁱ

1. Minimum 8 years continuous clean time.
2. Previous service experience in NA at the area, regional, and/or zonal level.
3. Experience and ability to facilitate a meeting.
4. Knowledge of webinar technology, and the ability to conduct electronic meetings.
5. Position is a two-year term coinciding with the cycle, with a maximum of two consecutive terms.
6. Is the single point of accountability and primary contact for the Autonomy Zonal Forum (AZF).
7. Facilitates all meetings of the AZF.
8. Sets the agenda in writing and makes it available to all participants one month before the AZF meeting.
9. The Zonal Facilitator will request participation from NAWS as needed.
10. Ensures a project leader for any projects is agreed on and selected by delegates.
11. Is a Co-Signer together with the treasurer on the checking account.ⁱⁱ

Secretaryⁱⁱⁱ

1. Minimum 8 years continuous clean time.
2. Previous service experience as a secretary of a committee or subcommittee in Narcotics Anonymous at the area, regional, and/or zonal level.
3. Access to internet email and skilled with operating MS Word.
4. Position is a two-year term coinciding with the cycle, with a maximum of two consecutive terms.
5. Records accurate minutes using the template provided.
6. Provides an accurate summary of the discussions of the meeting as well as the final outcomes of such discussions.
7. Includes all written submissions to the meeting such as reports and proposals.
8. Maintains and updates the AZF contact list.
9. Within two weeks following the meeting/teleconference emails an electronic version of the minutes to every voting member of the AZF.
10. After allowing for one week in which to receive approval or opposition from the voting body (no response indicates approval), sends the minutes to NAWS (FSTeam@na.org)^{iv}
11. Sends an approved copy to the Web servant for posting on the website and for archival purposes.
12. When requested, mails a hard copy to anyone who provides a self-addressed stamped envelope and requests hard copy be sent.
13. Maintains and updates the AZF guidelines.

Treasurer^v

1. Minimum 8 years continuous clean time.
2. Previous service experience as a Treasurer of a committee or subcommittee in Narcotics Anonymous at the Area, Regional, or Zone



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3. Able to keep accurate financial information in a clear and concise manner
4. Able to Manage the Autonomy Zonal Forum financial affairs
5. Able to Reconcile bank statement, balance checkbook
6. Skilled with email, word processing and spreadsheets
7. Attends each 2-day AZF as schedule
8. Facilitates budget review every July
9. Accounts for income and expenditures between AZF face to face
10. Computer with internet access required.
11. Presents complete written and oral report at each AZF meeting
12. Retains and has available all financial records for members and all new participants of the AZF- Regional, Area, and Group Reps who request that information.
13. Prepares copies of bank statements with a written report
14. Maintains physical custody of the checkbook, receipts, reports, and electronic records of the treasury
15. Is a Co-signer on the checking account
16. Is responsible for obtaining a tax ID number
17. Keeps an accurate record of all financial transactions and reconciles bank statements.
18. Disburses monies as per previously approved expenditures.
19. Deposits all donations from Areas and Committees within 10 working days of receipt.
20. Submits a yearly projected budget,
21. After the budget is approved, the Treasurer will establish a prudent reserve equal to 25% of the combined total of the newly approved budget and the previous year's budget
22. After expenses are paid and prudent reserve is met, all remaining money will be donated to NAWS
23. Takes care of all AZF bills promptly.
24. Treasurer and Facilitator will have sole access to debit/visa card.

i 11-2018

ii 01-2021

iii 01-2021

iv 09-2019

v 01-2021