



Autonomy Zonal Forum

Minutes 10/24/2022

Mission and Purpose:

The Autonomy Zone brings all elements of Narcotics Anonymous (NA) from its participating regions together to further the common welfare of NA by providing events which:

- *Create an opportunity for regions to come together to exchange experience, strength, and hope and collectively express itself on matters affecting Narcotics Anonymous as a whole*
- *Train, mentor and/or inform participants about the fellowship of Narcotics Anonymous.*

The AZF is ultimately responsible to the groups it serves inspired by the joy of selfless service, and the knowledge that our efforts make a difference.

| | |
|----------------|---|
| Meeting Agenda | October 24, 2022 @ 7:00 PM – Virtual https://us02web.zoom.us/j/87212116010?pwd=VGFnV2lzTVI2eC8xL0YrWnZ6RGF5UT09 |
|----------------|---|

Attendees: Note: All contact information is to be removed prior to publishing on the website

| | | | | |
|-------------------------------|------------|---|--------------------------------|--|
| Facilitator | Rob U | P | FlyersScore@gmail.com | |
| Secretary | Vacant | | | |
| Treasurer | Vacant | | | |
| Central Atlantic RD | Randy D | P | Recovery274@gmail.com | |
| Central Atlantic RD Alt | Sherry V | P | svorbach@live.com | |
| Central Atlantic RDA 2 | David H | P | brainmed@mac.com | |
| Chesapeake and Potomac RD | Patricia J | P | patriciageorgiapeach@gmail.com | |
| Chesapeake and Potomac RD Alt | Robert F | P | Robert.farah@gmail.com | |
| Freestate RD | John W | P | Jmwallace1995@gmail.com | |
| Freestate RD Alt | Vacant | | | |
| Greater Philadelphia RD | Clarence A | P | Llewtra1949@gmail.com | |
| Greater Philadelphia RD Alt | Ted D | P | Teddawson.td@gmail.com | |

Others in attendance: Jeff P (SEZF)

Meeting opened at 7:00 PM with moment of silence followed by the Serenity Prayer, readings of the NA Vision Statement, and 12 Concepts of Service

AGENDA

- **Election Cycle & Open Positions** – Facilitator, Secretary, Treasurer, SWG (IT)
 - Will use the nomination & election process as outlined in the AZF Guidelines.
 - Virtual interview for AZF Facilitator is scheduled for Nov 21, 7:00 pm.
 - Rob will notify interviewee and use questions developed in the guidelines.
- **Eastern States Zonal Task Team (ESZTT) - Revitalized**
 - RD's agreed to allow the 3-member team that we disbanded in July to serve again.
 - Rob will ask these members if they're available to serve. Sherry will serve as a back-up.
- **US CAR/CAT Workshop** – February 3-5. 2023
 - AZF will support this workshop.
- **Zone as a Delivery Service** – Clarence
 - AZF weekends deliver 2-day weekend workshops and participates in several NEZF & SEZF Task Teams and Work Groups.
 - The AZF web site needs to be updated. Information is lacking on what we have accomplished. Members need easier access to know about these activities and deliverables. Links can be added to existing Google Drives, activities, etc.



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- **AZF web updates** – Rob – I’ve been monitoring the AZF web site for the past year plus. During that time, I have been posting flyers and/or dates for upcoming activities, updating regional contact info, uploading latest AZF Guidelines, etc. Could use your input on the overall site maintenance. Here’s a list of items that may require attention:
 - Top header is an outdated picture that says we have five regions. Recommend we either edit the picture or remove the picture and replace with a new header. **EDIT PICTURE**
 - There is an option to subscribe to a newsletter. Will we have a newsletter? **REMOVE**
 - Recent posts & links (on right hand side of page) are not recent. (i.e., click Workshop Tools, the click Multi-Zonal Service Symposium Tools = bad link) **REMOVE BAD LINKS**
 - We’re not using AZF email addresses for facilitator, secretary, treasurer. **USE**
 - There’s a tab called “**Projects**” on the menu bar. We never used it. **REMOVE**
 - Should we start posting materials used at our past 2-day AZF weekends (i.e., presentations, PDF’s, etc.)? **SHERRY & ROB WILL JOINTLY REVIEW AND PROPOSE CHANGES TO THE AZF WEB SITE.**

- **USMOZ** – Rob / Patricia – (*see full USMOZ minutes posted at end of this*)
 - Action Plan Task Team
 - Updated presentation which included history, vision, purpose, strategic plan, and a sampling of questions and responses received. (Is available on Google Drive)
 - Will update presentation to include the accountability and decision-making threshold of 80%
 - Any region can request a presentation by emailing the Google Group.
 - Action Plan Task Team will also work on a simple framework for this body, how it meets, and accountability to be presented in January
 - Review early survey results. Few regions responded but has been many member responses.
 - Reminder survey deadline is December 15th.
 - Open forum followed with much discussion on accountability, responsibility, decision-making, collapsing all US Zones into one, PR, FD, National PSA’s, web site, etc.
 - A Visioning exercise was a part of this meeting.
 - US CAR/CAT workshop discussion:
 - Invitation from SEZF to participate in National CAR/CAT Workshop.
 - Proposal to combining with Plains States CAR/CAT workshop as a hybrid event. Plains States next planning session scheduled November 12, 10am EST Zoom 921.626.3087 Password: 1953
 - SEZF is going to host it but is inviting the zones of the US to participate in planning and hosting it as well as hoping the US regions will participate in it.
 - For the PowerPoint and other notes and resources, visit the US Collaboration of Zones Google Drive: [US Collaboration of Zones Google Drive](#)
 - For the survey out to approve the US Collaboration of Zones as a service body: [US Collaboration of Zones - Survey to approve service body](#)
 - This is a 2-track survey; one for members, and one for regions
 - To be added to the US Zones of NA Google Group: uszones.na@gmail.com
 - To email the Action Plan Task Team with questions, input, or request for presentation: us-zones-action-plan@googlegroups.com
 - Next meeting: January 8th, 2023 @ 6:00PM Eastern US, Hosted by Plains States Zone

- **VMOZ** - Next VMOZ Meeting Oct or Nov-2022 – Agenda:
 - Scanning/surveying—Several zones mentioned they do a scan or survey as part of their planning process to get a sense of local needs.



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- Filling in the gaps: Several zones mentioned they are mapping meetings or in other ways identifying where NA has not yet reached.
- Suggestion made to use the Service Delivery Locator Engine (SDLE) to find the gaps
- **AZF Zonal Contacts**
 - Rob & Patricia will continue to be AZF contacts for USMOZ and VMOZ meetings
 - Add to the next AZF agenda the selection of Zonal Contacts for the NAWS Workgroup – Future of the WSC - TBD
- **New Business – Planning AZF weekend – Central Atlantic Region January 28-29, 2023**
 - RDs are searching for a site and hotel. Sherry will inform us of selected hotel and room rates before Greater Philadelphia Region meets the 1st Sunday in December.
 - **RDs need to inform Randy and/or Sherry on how many nights stay at hotel.**
 - The AZF will provide funds for this 2-day weekend.
 - Central Atlantic is inviting World Board members to participate in this event.
- **Treasury Report (See attached)**
 - Physical AZF mailing address is the Free State Regional Office. John will check if any mail for AZF is at the office.
 - Sherry volunteered to act as Treasurer in the interim. No opposition from RD's.

Meeting closed at 8:45 pm with a moment of silence followed by the 3rd Step Prayer

Next AZF Weekend: Hosted by Central Atlantic in January 28-29, 2023

Upcoming Events:

- WSLD XXXVI - Western States Learning Day – October 27-30, 2022 – <https://wslid.org/>
- NEZF – Northeast Zonal Forum – October 28-30, 2022 - <https://nezf.org/wp-content/uploads/2022/07/2022-10-NEZF-Flyer-r4.pdf>
- NAWS PR - November 5, 2022 1pm EST - <https://www.na.org/admin/include/spaw2/uploads/media/web/PR%20webinar.jpg>
- NAWS H&I – November 10, 2022 1pm EST - <https://www.na.org/admin/include/spaw2/uploads/media/web/HI%20webinar.jpg>
- PSZF - Plains States Zonal Inventory – November 12, 2022, 10am EST - <https://pszfna.org/data/flyer/2022-PSZF-inventory-flyer.pdf>
- VMOZ - Virtual Meeting of the Zones – October or November 2022 (TBD)
- MRLE XVII – Multi-Regional Learning Event – December 16-18, 2022 - <https://nnerna.org/mrle-xvii/>
- USMOZ – US Meeting of the Zones – January 8, 2023, 6:00 pm EST (Zoom TBD)
- MARLCNA – Mid-Atlantic Regional Learning Convenfrence – January 20-22, 2023 <https://www.marscna.org/marlcna-registration/>
- **AZF Weekend: Hosted by Central Atlantic - January 28-29, 2023**
- US CAR/CAT – February 3-5, 2023 (virtual link TBD)
- MZSSNA V – Multi-Zonal Service Symposium, Detroit – October 13-15, 2023 <https://mzssna.org/>



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TREASURER REPORT

| Date | Trans Type | Ck/ Serial# | Description | Amount | Daily Posted Balance |
|-----------|------------|-------------|--|----------|------------------------|
| 7/19/2022 | Credit | | TRANSFER PAYPAL 7562 PATRICIA CROWLEY ACH CREDIT | \$117.94 | \$2,162.68 |
| 7/25/2022 | Credit | | TRANSFER PAYPAL 6661 PATRICIA CROWLEY ACH CREDIT | \$10.00 | |
| 7/25/2022 | Credit | 0 | MOBILE DEPOSIT | \$300.00 | \$2,472.68 C&P |
| 9/9/2022 | Credit | 0 | MOBILE DEPOSIT | \$457.50 | \$2,930.18 Randy/CARNA |
| 9/12/2022 | Credit | | CASHOUT VENMO 3757 AUTONOMY ZONEACH CREDIT | \$25.00 | |
| 9/12/2022 | Credit | | TRANSFER PAYPAL 2238 PATRICIA CROWLEY ACH CREDIT | \$87.34 | \$3,042.52 |
| 10/3/2022 | Credit | | TRANSFER PAYPAL 4876 PATRICIA CROWLEY ACH CREDIT | \$98.87 | \$3,141.39 |

Your consolidated statement
For 09/30/2022

Contact us
 Truist.com

 (844) 4TRUIST or
(844) 487-8478

Summary of your accounts

| ACCOUNT NAME | ACCOUNT NUMBER | BALANCE(\$) | DETAILS ON |
|--|----------------|-------------|------------|
| TRUIST COMMUNITY CHECKING | ██████████ | 5.00 | page 1 |
| TRUIST COMMUNITY CHECKING | ██████████ | 3,042.52 | page 1 |
| Total checking and money market savings accounts | | \$3,047.52 | |

Checking and money market savings accounts

■ TRUIST COMMUNITY CHECKING ██████████

Account summary

| | |
|---|----------|
| Your previous balance as of 08/31/2022 | \$5.00 |
| Checks | - 0.00 |
| Other withdrawals, debits and service charges | - 0.00 |
| Deposits, credits and interest | + 0.00 |
| Your new balance as of 09/30/2022 | = \$5.00 |

■ TRUIST COMMUNITY CHECKING ██████████

Account summary

| | |
|---|--------------|
| Your previous balance as of 08/31/2022 | \$2,472.68 |
| Checks | - 0.00 |
| Other withdrawals, debits and service charges | - 0.00 |
| Deposits, credits and interest | + 569.84 |
| Your new balance as of 09/30/2022 | = \$3,042.52 |

Deposits, credits and interest

| DATE | DESCRIPTION | AMOUNT(\$) |
|--------------------------------------|---------------------------------------|------------|
| 09/09 | MOBILE DEPOSIT | 457.50 |
| 09/12 | CASHOUT VENMO 3757 AUTONOMY ZONE | 25.00 |
| 09/12 | TRANSFER PAYPAL 2238 PATRICIA CROWLEY | 87.34 |
| Total deposits, credits and interest | | = \$569.84 |



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ACCOUNT STATEMENTS

Zone, Autonomy

| Statement Period | PayPal Account ID |
|----------------------------|--|
| Jul 1, 2022 - Jul 31, 2022 | Autonomyzonalforum-treasurer@outlook.com |



This document contains a view of all PayPal account activity

PAYPAL ACCOUNT

ACCOUNT ACTIVITY

| DATE | DESCRIPTION | CURRENCY | AMOUNT | FEES | TOTAL* |
|------------|--|----------|---------|------|---------|
| 07/15/2022 | General Payment: Almost Heaven Area NA ID: 7SU87866E9816303P | USD | 77.94 | 0.00 | 77.94 |
| 07/18/2022 | Withdraw Funds to Bank Account TRUIST BANK - Checking x-2207 ID: 73245766V5793331C | USD | -117.94 | 0.00 | -117.94 |
| 07/23/2022 | General Payment: Mark Hayden ID: 58107536PH774440K | USD | 10.00 | 0.00 | 10.00 |
| 07/23/2022 | Withdraw Funds to Bank Account TRUIST BANK - Checking x-2207 | USD | -10.00 | 0.00 | -10.00 |

ACCOUNT STATEMENTS

Zone, Autonomy

| Statement Period | PayPal Account ID |
|----------------------------|--|
| Aug 1, 2022 - Aug 31, 2022 | Autonomyzonalforum-treasurer@outlook.com |



This document contains a view of all PayPal account activity

PAYPAL ACCOUNT

You have money waiting: USD 62.48. Log in to accept it

ACCOUNT ACTIVITY

| DATE | DESCRIPTION | CURRENCY | AMOUNT | FEES | TOTAL* |
|------------|---|----------|--------|------|--------|
| 08/14/2022 | General Payment: Almost Heaven Area NA ID: 1XH34129JU644151T | USD | 62.48 | 0.00 | 62.48 |



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ACCOUNT STATEMENTS

Zone, Autonomy



| Statement Period | PayPal Account ID |
|----------------------------|--|
| Sep 1, 2022 - Sep 30, 2022 | Autonomyzonalforum-treasurer@outlook.com |

This document contains a view of all PayPal account activity

PAYPAL ACCOUNT

ACCOUNT ACTIVITY

| DATE | DESCRIPTION | CURRENCY | AMOUNT | FEES | TOTAL* |
|------------|--|----------|--------|------|--------|
| 09/04/2022 | General Payment: Almost Heaven Area NA ID: 3C573988Y3457892A | USD | 24.86 | 0.00 | 24.86 |
| 09/11/2022 | Withdraw Funds to Bank Account TRUIST BANK - Checking x-2207 ID: 47A75537NY8341022 | USD | -87.34 | 0.00 | -87.34 |

Account Statement - (@Autonomy-Zone) - June 30th to August 1st 2022

Account Activity

| ID | Datetime | Type | Status | Note | From | To | Amount (to Funding Source) | Destination | Beginning Balance | Ending Balance |
|----------|------------|---------|----------|--------------|------------|----------|----------------------------|---------------|-------------------|----------------|
| | | | | | | | | | \$0.00 | |
| 3.59E+18 | 2022-07-23 | Payment | Complete | 7th traditio | Lawrence J | Autonomy | \$10.00 | Venmo balance | | |
| 3.59E+18 | 2022-07-23 | Payment | Complete | Contributio | Michael Jo | Autonomy | \$10.00 | Venmo balance | | |
| 3.59E+18 | 2022-07-24 | Payment | Complete | 8Y™ | Tuesday W | Autonomy | \$5.00 | Venmo balance | | |
| | | | | | | | | | | \$25.00 |

Account Statement - (@Autonomy-Zone) - August 31st to October 1st 2022

Account Activity

| ID | Datetime | Type | Status | Note | From | To | Amount (to Funding Source) | Destination | Beginning Balance | Ending Balance |
|----------|------------|-------------|--------|------|------|----|----------------------------|-------------------|-------------------|----------------|
| | | | | | | | | | \$25.00 | |
| 3.63E+18 | 2022-09-11 | Standard Tr | Issued | | | | (\$25.00) | TRUIST BANK *2207 | | \$0.00 |



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US Collaboration of Zones Meeting October 9, 2022

Welcome and prayer

US Collaboration of Zones updated presentation which included History, vision, purpose, strategic plan, and a sampling of questions and responses received.

Open Forum

- **Question:** If I am able to participate working with the collaboration?
 - **Response:** Yes
- **Comment:** I heard about this at my home group! YAY! The main concern which needs more understanding was around accountability. We need to make sure people understand that we have an 80% consensus agreement among the US Zones. The decision makers for projects are the 8 US Zones. What is the mechanism?

Minimum Viable Product concept when building means: If this came together is this, this, and this and the way we do it is A, B, and C.

Time to get more specific to give people a sense of comfort. Needs to get more articulated.

- **Response:** Value is being show with the discussions we are having. The first part of the comment above. We together decided about how we are going to make decisions at a meeting of the zones. We took what the WSC uses to keep it simple.

We also have sent out what the next steps what would be in our strategic plan and so maybe it is time to communicate that more effectively? How we create task teams

We do have a demo website. We wanted to, before we got to far down the road, we wanted to see if there is support

- **Comment/Question:** How do we contain the mechanism of growth and how do we implement the plan. To get to a yes maybe on a smaller specific piece.
 - Each zone has assigned two people to this body if two zones say no, we do not do it.
- **Comment/Question:** Responsibility is delegated. What cannot be delegated is accountability. As soon as we define authority, we have created another level of service. Wanting to find a way to get this information to groups in my region. In Alabama, the biggest concern is another layer of service that separates the fellowship.
- **Comment/Question:** Ever since we moved away from standing committees, some of the service structure has been broken for many years. Discussion about changing the service structures and other things. It all tells me there are certain committees which work well, such as H&I. It's like a standing commitment. PR does not seem to quite have the same understanding. How many people get excited about PR? How do we get people excited that is something helpful to people and their home groups. Scarcity of service, we have a scarcity of members who get excited about service. How do we excite the newer members. How does this help you in your recovery, group, and area? How does it help you reach the newcomer?

Let's do one thing only and how do we do it. Maybe we are blasting too much out there. This might be more palatable. We are showing them the fire, but we aren't showing them the spark.



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- **Response:** We are not trying to be seated at the world service conference is what we mean when we say we are not seeking to be a part of the delegation stream. This body will be 100% responsible to the zones through the delegates they send.
- **Response:** We have had a disconnect since we got rid of standing committees at WSO. Zones are the place to bring this back.
- **Comment/Question:** This began with the idea of doing National PSAs and a way for people to contact us as a result of those PSAs.
 - **Chat response:** Not exactly. This began when my zone requested a meeting at the Mtg of all Zones. It wasn't limited to PSAs, but it was PR-centric, which is pretty inclusive of lots of things.
- **Comment/Question:** How do other large countries do this collaboration? Do we have multiple zones in the US because of our historically US centric fellowship?
- **Comment/Question:** Have the Zones in the US ever discussed collapsing into a single one, making them more analogous to the EDM, LAZF, APF, or CANA? It would then fit as a zone in the delegation stream and not be an anomaly in any way.
- **Chat Comment:** I got yelled at for saying, Meeting of North American (US) Delegates modeled off the EDM. It's like Voldemort, we don't speak that which must never be spoken.
- **Chat Comment:** personally, I believe that the direct accountability should be with the US regional delegates and not the zones.
- **Comment/Question:** We've talked so long about for the zones are not part of the decision-making stream but now, as has been mentioned today, we've started to create this thing which actually puts the zones in the decision making steam... only not for WS issues, for national issues. I think it's confusing to areas and groups.
- **Comment/Question:** The PR perspective as it relates to US Zones. There are many opportunities to assist as an international service pool regarding public relations
- **Comment/Question:** Will there be a super structure of elected trusted servants for the zone?
 - **Response:** This body is not being set up to be a super body. If there is approval for us to move forward with some of the things, we are talking about there would need to be some level of organization. We would need a facilitator and some way to track the projects we are doing.
 - **Response:** We don't know where this path will lead.
- **Question:** Will the committee be doing more Area/Regional presentations in a systematic way? When will the next whole group virtual presentation be?
- **Comment:** We are at a crossroads. Have regions been talking about this? Are they close to voting on this?
 - **Response:** We do not have all the answers, and this is not a silver bullet. We have discussions to have and questions to answer and will be working on this much!



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- **Comment:** A point from within the room I'm sitting in: If what you want is an answer to whether you think this is a viable idea and do you support the idea, that would be a good question to send to the regions rather than a request for permission to go forward. That sounds like we're giving authority for an as yet undefined entity, which makes people nervous.
- **Visioning**
- *Imagine it's 2027. The Collaboration of US Zones has been very successful in creating a national presence for NA and helping local NA communities. It has helped with public relations, training, and fellowship development. It has been accountable.*
 - Describe what that looks like.
 - In what ways is it helping local communities?
 - How is it making NA more accessible to addicts and to the public?
 - What method of collaboration makes it successful?
 - Name a specific service is it providing.
 - How are NA groups benefiting?
- **What did you imagine?**
- An active 800 number receiving not only calls from addicts seeking us but also from facilities and other organizations reaching us to partner with us to present information. Potential members are finding our meetings.
- Anywhere in the US, dial 111 and be connected to an addict in their area and meetings in their area.
- Having a 3 digit dial in which is only viable if we have a national presence. We could have a national PSA which plays with some organizations and more of a national presence. Connecting people to NA down the street through this single resource. Because we have a national presence, we have that many more doors open to us. Local communities will have more resources available to them. A US collaboration of zones will increase awareness of resources available within their own zones since it is a broader target – local members might be more apt to reach out to a national body, not realizing the resources in their own zone, if they even know the zone they are in or what a zone is! Since our first task would be to collaborate with local service bodies to fulfill service requests, we would be increasing awareness of the resources already at the disposal of local members in their own zones – so zones would get more awareness.
- A virtual meeting for every federal and state prison in the United States for a national H&I meeting
- A way to share what we are doing with each other in a more effective way and to see what other areas and regions are doing in each of the zones
- In 5 years as a result of this collaboration there is an Eastern States Zone, planning has become part of the standard in our services. It is wildly accepted and widely used because they saw how effective it was and started incorporating planning in the SE zone.
- I am still excited about this as it is already being done throughout the world. We have already seen some wonderful people meeting 2-3 times a month excited and enthused and are doing the collaboration. I am excited about the training and the mentoring. Looking at this thing as a rocket which moves us.



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- Every person in the USA who wants a competent NA sponsor is able to be connected with one
- Once somebody gets rolling and we start rolling and sharing their experience in the US and then maybe connecting with the APF to learn from there and help with the expansion of NA in the places where there is a void.
- Many wonder about creating a US service body and why would we create something excluding the rest of the world, but that just isn't the case. The stronger one is the stronger all are. We would be increasing our effectiveness and in turn have more resources and experience to share with the rest of the world – while at the same time we would be in a better place to learn from the knowledge and experience of the rest of the world. Ultimately, we would be more inclusive rather than exclusive by way of being a better and more effective interface both with our own zones and with the rest of the world.
- Beautiful thing too is the more effective we can become in this, the less the local areas/regions/zones have to draw on world services for things we can address within our own local national resources --- which in turn helps world services better focus on the entire world of NA, without having as much of a draw on their resources by the areas/regions of the US. Helps communities around the world be able to have more resources focused on them than what might be available to them right now. There could be services and projects that we cannot conceive of at World Services because existing service bodies / zones / multi-zones require too many resources at this time at the world level.
- More about the number as a way to connect with us and that number is on the literature in the US. There has been a limited amount of participation in the national addiction conferences in the US. We could have a presence there and one step further, even host our own. We are education the public and having workshops on how to do PR. Maybe a national PR Day during PR week. Once we have a national presence, we could have a virtual or physical mailing address where people could connect with us and also request an opportunity to learn. Lots about education which could apply anywhere. Shared knowledge base and shared resources! Highly available.
- Because we do not have a national service body, there are places we can not reach. We can't get the members in our zone to donate to \$250 for PR, we went to a couple of other zones asking and they said no but at a national level we could do a virtual booth.
- Potential new service members would not be handcuffed by geographical boundaries. We should be looking at what we can do not what we can't do.

Us Collab meeting - Roll Call:

- AZF- present, Midwest- present, NEZF- Present, RMZF- Present, SEZF- Present, Southern- Present, Western States- Absent
- **Action plan task team update**
 - Reviewed Survey Results and Responses, few regions have responded yet but there has been considerable member input and questions.
 - Reviewed upcoming presentations, reminding that any area or region can request a presentation by emailing us-zones-action-plan@googlegroups.com
 - Discussion:



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- Question: Based on the input taken today for more specificity / framework, will the Action Plan Task Team be working on some simple one- or two-page document that lays out a simple framework for this body and accountability? Does the body want the task team to work on this?
 - Clarification question: Do you mean simply documenting what we have already decided, or do you mean coming up with suggested framework?
 - Response: Yes, to both
 - Response: We will be updating our presentation to include the accountability and decision-making threshold of 80% already decided so that folks know that's already in there
- Follow up:
 - Will you also be working on a brief, simple document outlining a framework for this meeting based on the input from today's discussion?
 - Response: Yes, we will look into that at our next meeting
- Question to the body: Any objection to the Action Plan Task Team working up a basic framework for this body?
 - No objection
- Result:
 - Presentation will be updated with the consensus based decision-making threshold included
 - Action Plan Task Team will also work on a simple framework for this body, how it meets, and accountability to be presented in January
- **US CAR/CAT workshop idea:**
 - Invitation from SEZF to participate in National CAR/CAT Workshop so we can say we are doing this simple task together.
 - Discussion
 - Plains States already has a CAR/CAT scheduled where they have requested participation.
 - Proposal to combining with Plains State as a hybrid event. Plains States next meeting is a planning session and Barry will post the info in the slack page
 - What makes it national? Much discussion ensued. Is it meant to be for US participants? Or just hosted by US participants?
 - Response: It will be hosted by US participants for anyone and everyone that wants to attend. SEZF is going to host it but is inviting the zones of the US to participate in planning and hosting it as well as hoping the US regions will participate in it.
 - Will it be recorded, and will there be the motion makers invited in addition to the board?
 - Hopefully yes and yes
 - Suggestion to call it a multi zonal CAR/CAT and invite all 8 US zones
- **Next Meeting: January 8th 6:00 pm -8:00 pm.**
 - **Hosted by Plains States Zonal Forum**
- Meeting Closed with a moment of silence followed by third step prayer or the prayer of your choice or no prayer at all.



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Section 4 Trusted Servants

The AZF will elect the following trusted servants, and these individuals will assume responsibility for the tasks associated with their commitments. Election to a trusted servant position requires membership in NA and a nomination by an AZF member participant.

Facilitator ⁱ

1. Minimum 8 years continuous clean time.
2. Previous service experience in NA at the area, regional, and/or zonal level.
3. Experience and ability to facilitate a meeting.
4. Knowledge of webinar technology, and the ability to conduct electronic meetings.
5. Position is a two-year term coinciding with the cycle, with a maximum of two consecutive terms.
6. Is the single point of accountability and primary contact for the Autonomy Zonal Forum (AZF).
7. Facilitates all meetings of the AZF.
8. Sets the agenda in writing and makes it available to all participants one month before the AZF meeting.
9. The Zonal Facilitator will request participation from NAWS as needed.
10. Ensures a project leader for any projects is agreed on and selected by delegates.
11. Is a Co-Signer together with the treasurer on the checking account. ⁱⁱ

Secretary ⁱⁱⁱ

1. Minimum 8 years continuous clean time.
2. Previous service experience as a secretary of a committee or subcommittee in Narcotics Anonymous at the area, regional, and/or zonal level.
3. Access to internet email and skilled with operating MS Word.
4. Position is a two-year term coinciding with the cycle, with a maximum of two consecutive terms.
5. Records accurate minutes using the template provided.
6. Provides an accurate summary of the discussions of the meeting as well as the final outcomes of such discussions.
7. Includes all written submissions to the meeting such as reports and proposals.
8. Maintains and updates the AZF contact list.
9. Within two weeks following the meeting/teleconference emails an electronic version of the minutes to every voting member of the AZF.
10. After allowing for one week in which to receive approval or opposition from the voting body (no response indicates approval), sends the minutes to NAWS (FSTeam@na.org) ^{iv}
11. Sends an approved copy to the Web servant for posting on the website and for archival purposes.
12. When requested, mails a hard copy to anyone who provides a self – addressed stamped envelope and requests hard copy be sent.
13. Maintains and updates the AZF guidelines.



Autonomy Zonal Forum

Minutes 10/24/2022

Treasurer ^v

1. Minimum 8 years continuous clean time.
2. Previous service experience as a Treasurer of a committee or subcommittee in Narcotics Anonymous at the Area, Regional, or Zone
3. Able to keep accurate financial information in a clear and concise manner
4. Able to Manage the Autonomy Zonal Forum financial affairs
5. Able to Reconcile bank statement, balance checkbook
6. Skilled with email, word processing and spreadsheets
7. Attends each 2-day AZF as schedule
8. Facilitates budget review every July
9. Accounts for income and expenditures between AZF face to face
10. Computer with internet access required.
11. Presents complete written and oral report at each AZF meeting
12. Retains and has available all financial records for members and all new participants of the AZF- Regional, Area, and Group Reps who request that information.
13. Prepares copies of bank statements with a written report
14. Maintains physical custody of the checkbook, receipts, reports, and electronic records of the treasury
15. Is a Co-signer on the checking account
16. Is responsible for obtaining a tax ID number
17. Keeps an accurate record of all financial transactions and reconciles bank statements.
18. Disburses monies as per previously approved expenditures.
19. Deposits all donations from Areas and Committees within 10 working days of receipt.
20. Submits a yearly projected budget,
21. After the budget is approved, the Treasurer will establish a prudent reserve equal to 25% of the combined total of the newly approved budget and the previous year's budget
22. After expenses are paid and prudent reserve is met, all remaining money will be donated to NAWS
23. Takes care of all AZF bills promptly.
24. Treasurer and Facilitator will have sole access to debit/visa card.

ⁱ 11-2018

ⁱⁱ 01-2021

ⁱⁱⁱ 01-2021

^{iv} 09-2019

^v 01-2021