

Autonomy Zonal Forum Meeting Minutes

Date: January 28, 2017
Hosted By: Central Atlantic Region
Meeting opened at: 11:05AM
Meeting closed at: 4:40PM

Open Meeting with Serenity Prayer and Traditions and Concepts

Today's Agenda:

- **Open Forum** time –
 - *Do we want to spend part of our time today tuning in to the NAWS Webinar for Delegates scheduled from 1-3pm*
 - *Ask interested members if they have concerns within their areas that they would like to share and hopefully get input on.*
- Read **group reports** – issues and concerns in your region, upcoming events, number of areas, home groups and identify how your subcommittees are functioning – info about liability insurance, who you use for phone line carrier, etc...
- Review of Teleconference discussions (**mountaineer letter**) regarding creating facilitation guidelines that would give deference to voting members in our work sessions.
- **Motion 11** – (WSC 2016) - *Western Russia Region / Second: Finland Region: To allow a delegate from any currently existing Zonal Forum who requests it to be seated at the WSC 2018 as a non-voting participant for one conference only. The expense of attendance will be the responsibility of the Zonal Forum and not the WSC. Intent: To involve zones at the WSC. 72-29-2-4*
- Review how **July 2016 PR Presentation** went
- Pinpoint **focus of next meeting** based on Hosting Region's identified issues and concerns.
- Review of **Website**

Open Forum:

- Decided to attend NAWS Webinar during lunch hour, longer if we were far enough along on agenda.

Regional Reps Present	P-present A-absent V-vacant
Central Atlantic Region RD	P
Central Atlantic Region RD Alt.	P
Central Atlantic Region RD 2 nd Alt.	V
Chesapeake and Potomac Region RD	P
Chesapeake and Potomac Region RD Alt.	P
Eastern PA Region RD	P
Eastern PA Region RD Alt.	P
Free State Region RD	P

Free State Region RD Alt.	P
Greater Philadelphia Region RD	A
Greater Philadelphia Region RD Alt.	A
Mountaineer Region RD	P
Mountaineer Region RD Alt.	P

Regional Reports:

Central Atlantic Region

The Central Atlantic Region of NA consists of 17 areas and has meetings in Virginia, West Virginia, Maryland, Pennsylvania and North Carolina.

We just had our 33rd Regional Convention last weekend in Richmond, VA. There were about 1000 addicts in attendance and preliminary reports are that we didn't lose any money, but we probably didn't make any either. Our delegate Team, which now consists of Kim A and Brian C, put on a presentation entitled *Planning Our Future* which focused on the Future of the WSC. We adapted the PowerPoint that Sandy Mc and Adam H put together for the Multi-Zonal Service Symposium. The Workshop was very well attended and the proposal that Sandy put together was well received. We will continue to present this idea to our Region and see where these discussions take us.

Our subcommittees have been struggling with attendance. We recently had a motion (which passed) to allow and encourage our Subcommittees to utilize available technology to meet the requirements of meeting rotation when a physical meeting might not be practical or sensible. Our Regional H&I continues to try to get trusted servant support with regards to our Inmate Step Writing Program. We have one area currently handling their own Inmate Step Writing Program, but the Region seems to lack addicts willing to step up.

We recently had a motion to do away with the RDA2 position but that motion failed to get the support of our Areas and we presently have an addict who has expressed a desire to take the commitment (probably in April) as soon as he meets the requirements.

Our two-day event in October was very well attended. Our focus with our two round table discussion workshops was attraction to both service and the fellowship.

I was able to attend the November Southeast Zonal Forum meeting, which was held in Greensboro, NC. I found the experience to be useful and enlightening. Contained in their mission is that they hold service oriented discussions, workshops, events and task forces, so they hold their biannual meetings for a full weekend. This gives them the necessary time to hold both their meeting and their workshops. They have an elected position of Facilitator, which I could see as being very useful. They also have a Secretary and an IT "dream team" called the Think Tank, which is focused on furthering their ability to serve the addicts in their zone through emerging technology.



Florida Region of Narcotics Anonymous presents
The 2017 Florida Service Symposium
March 23-26, 2017 @ Sheraton – Tampa East,
10221 Princess Palm Avenue
Tampa, FL 33610
Thursday March 23th

PR and Professionals roundtable discussions. Opening speaker

Friday and Saturday March 24-25th

Workshops, Women's dinner and Speakers

South East Zonal breakfast (future of zones)

Sunday March 26th

Florida Regional Service Conference

Service is the backbone of the NA fellowship, we encourage participation from your area and each area will have rooms available! Contact your RCM for more information

Our Delegate team will be attending MARLCNA February 10-12, 2017 and the Florida Service Symposium March 23, 26 2017. At the FSS there will be a Professional Roundtable Day on Thursday (23rd). It will be interesting to see what the SEZF does with this endeavor and perhaps learn from their experience. Friday and Saturday (24th – 25th) Sandy Mc from the ABCD Region will be holding her “Planning our Future” workshop. Danny (North Carolina Region) will do the IT Track on Sat. There will be representatives from the World board, the McShin Foundation out of Richmond, and Faces and Voices of Recovery. There will be someone from NAWS PR attending and hopefully they will be able to offer some leadership in addressing a recent issue that has come to the attention of many people, which is that a publication called *The White Paper* from Harvard, recently listed all available resources for dealing with opiate addiction, with one glaring exception. NA was not listed. Many major news channels draw from the info on this publication and so they, too, are not listing NA as a viable resource for dealing with opiate addiction. In my opinion this is a travesty and we should

be very much intent on increasing and improving our public profile so that addicts dying from this disease can be told of our existence. <http://sfrna.net/wp-content/uploads/2016/12/Florida-Symposium-2017-Flyer.pdf>

In Loving Service,
Kim A, CARNA RD
Brian C, CARNA RDA

Chesapeake and Potomac Region

NUMBER OF AREAS – 11 Areas within the C&P Region,
home groups – 296 NA Meetings that meet each day of the week, as well as 257 H&I meetings monthly.

ISSUES AND CONCERNS IN YOUR REGION:

The C&P Region meets every other month, our next RSC meeting will be hosted by Rock Creek Area, Saturday, February 18, 2017 – 10:00 AM - 6:00 PM, **Location:** Saint Paul's Lutheran Church, 4900 Connecticut Ave., NW, WDC. The RSC is currently in need of the following: Secretary, H&I vice chair, Free State reps, Special Events chair and vice chair, Literature and PR vice chair;

Motion to donate CPRC funds to NAWS – sent to groups, motion approved; Motion sent to CPRC, Inc. BoD, also approved and funds sent to NAWS: \$75,936.82

Letter of Request from Free State Service Center to C&P RSC: Excerpts

“Free State Service Office currently serves the Free State and Chesapeake and Potomac Regions. We also serve a large portion of Pennsylvania, Virginia, and as a result of the Philadelphia and Carolina Regional offices closing many of their groups are now purchasing from us. We also, have an online shopping cart which brings in additional literature sales. In addition, we serve fellowship customers in New Hampshire, Massachusetts, New York and various other parts of the country.

With the increased demand for NA literature, we struggle to maintain inventory at sufficient levels to keep pace with customer demand. We pride ourselves on our ability to supply area, group and individual orders on demand and in most cases have the orders delivered within one or two days of receipt of the orders. However, this is becoming more difficult in an ever increasing fellowship; as we can only order what we can pay for in 30 days. We order and receive literature monthly, and often just in time to fill new orders for the coming month.

We are now reaching out to the Chesapeake and Potomac Region and Convention Corporation, asking for your monetary support in helping us reach the goal of continuing to build on the foundation already in place. An additional twenty thousand dollars would significantly pay down our literature debt with NAWS, thereby, improving our ability to purchase additional literature.”

A motion has been sent back to the groups within the CPRSC to donate up to \$20,000.00 to Free State Service as funds become available after this years Conventions. Motion to be brought back by February RSC not later than April RSC.

IDENTIFY HOW YOUR SUBCOMMITTEES ARE FUNCTIONING —

Regional Subcommittees are functioning well, however, they need able body volunteers.

INFO ABOUT LIABILITY INSURANCE: Our Liability Insurance is provided through CPRC, Inc. Convention Board of Directors. We have been informed that should the RSC wish coverage, they would provide a Rider attaching the RSC and any of its groups under the Insurance Coverage. (cost to be determined)

PHONE LINE CARRIER, ETC

Current Phone Line/Help Line Carrier: Verizon

UPCOMING EVENTS:

Feb 10 2017 until Feb 12 2017 - 12:00 AM - 1:30 AM

DC Area Special Events Pre-Valentine Dance

St Martin's Church (Pioneer Room)

1908 North Capital St., NW, WDC

Feb 12 2017 - 01:30 PM - 03:30 PM

NORVANA Special Events: Valentine's Day Ice Skating Meet Up

Fairfax Ice Arena, Fairfax Va

3779 Pickett Road, Fairfax, VA 22031

Feb 25 2017 - 12:00 PM - 08:00 PM

NORVANA Special Events Subcommittee: Speaker Jam & Spaghetti Dinner

Fairlington Presbyterian Church, Alexandria VA

3846 King Street, Alexandria, VA 22206

Mar 4 2017 - Mar 5 2017 - 12:00 AM - 02:00 AM

Jump Start to Recovery - March Madness Party

St Martin Catholic Church, Washington DC

1908 North Capital St., NW - WDC

April 21 - 23, 2017

Ocean City, MD

CPRCNA XXXI

Theme: "A Spiritual Journey"

February 20, 2017 registration rates go up! Mail-in registrations must be postmarked by March 20, 2017. Online registration is available through April 14, 2017. After April 14, only on-site registrations will be taken beginning at 10 AM on Friday, April 21, 2017 at the Roland E. Powell Convention Center. For more registration information or to register online, go to www.cprcna.org.

Anthony W. – RD

Darla S. – RDA

C&P RSC

Eastern PA Region

EPARNA serves four areas (Bucks, Montco, Pure and Simple, and Twin Rivers) comprising 131 meetings. We recently held elections in December, all regional positions are filled, with the exception of Co-secretary, and Co-Treasurer.

Our PI and H&I committees have joined to create the PR Committee. We have a total of 40 H&I commitments, along with having done two info tables and sent letters/packets out to doctors and local hospitals. We have earmarked funds for Regional Learning Days in each of our four areas focused on the importance of service and Phone line orientations.

Bucks County Area will be holding BCACNA X at the Sheraton Bucks County Hotel next weekend, February 3rd through 5th, 2017. Registration is \$25.

We have a new phone line number (844) 624-3575 or (844) NAHELPLINE. We receive approximately 10 calls weekly, mostly for meeting information. This phone line is answered by addicts at all times.

ILS,

Merle S RD

Tim R RDA

Freestate Region

The Freestate Region is running smoothly. Throughout our 10 areas and 846 weekly meetings, the message of recovery goes on daily. Our region holds meetings in MD, Delaware, PA, and VA. Our RSC meets every other month for business and on odd months we meet at the Freestate Service Center to discuss ongoing and upcoming topics.

Our RSC rotates alphabetically around our region.

All of our sub-committees are functioning as needed, however they could always use support. We have a newly redesigned web site that went live the first of this year. Hopefully it will help anyone needing a meeting be able to find one easily.

One of our areas (NEFA) is having a convention coming up the end of February. And our Freestate Regional convention is held Thanksgiving weekend in Hunt Valley MD and the Ocean Gateway Convention is held in October.

We attended the Zonal Symposium in Milwaukee WI.

Our RD team will be attending MARCLNA as per our regional policy. Our regional meeting will be moving to the first weekend in February due to MARCLNA.

Dee P. – RD

Trisha C. - RDA

Mountaineer Region

- There are about 150 meetings per week in our region.
- We recently had our regional convention, True Colors 30. One of the workshops was on Social Media as a Tool to reach addicts, which was presented by Ryan S and was well attended.
- Currently at regional level we've been trying to get a better handle on our finances. We started putting together some quarterly P&L statements; as a result of this we figured out some ways to improve regional finances, including finances for the convention. We have unified PR across the region, and have put up a couple of billboards to make the public at large aware of our presence. We continue to use an automated system for our phone line.
- We just sent a \$2000 donation to NAWS.
- Most of our service positions are filled, we went to a two year cycle for most positions to allow for mentoring of members.

ILS,

Cooper B. – RD

Ryan S. – RDA

Notes on Today's Agenda:

- Shared experience, strength and hope (and tools used) to get people engaged about what's going on at the Area and Regional level.
 - Social Media
 - Flyers
 - Emails
 - Events XD
- Discussion of how to provide a more welcoming atmosphere and improve attendance at meetings
 - Getting sponsees involved in service
 - Using H&I as a feeder
 - Public Relations
 - Community Treatment Boards (e.g. probation, parole, etc.)
 - Drug Court
 - Cable TV Ads (PSAs)

- Billboards
- Decided to discuss ~~of~~ AZF Summary of Decisions during next teleconference
- Review of Teleconference discussions (mountaineer letter) regarding creating facilitation guidelines that would give deference to voting members in our work sessions.
 - Cooper Summarized ~~findings discussions~~ from last call
 - It was determined that ~~some sort of restriction on participation was~~ giving deference to delegates and alternates might be in our best interest
 - Perhaps best way to handle ~~was perhaps~~ is some facilitation guidelines for the meetings
 - Discussion of handling differently on teleconference vs. at AZF
 - Purpose of both meetings
 - Conference call is for setting agenda for next meeting and approving minutes
 - Function of AZF meeting is to conduct AZF business
 - **Group decided via acclamation**
 - All should be welcome to attend the teleconference, but deference should be given to RD/RDAs - Facilitator can call on interested others as time permits.
 - During teleconference meetings we could perhaps include interested others who post texts into the conversations as time permits.
 - **Final outcome:** All are welcome to participate in AZF, it is up to the facilitator to make a decision about who speaks when, with priority given to RD's and AD's during discussion.
- Took a few minutes to attend a World sponsored teleconference for some practice with setting up and using Zoom Teleconference.
- **Discussion of Motion 11** – (WSC 2016) - Western Russia Region / Second: Finland Region: To allow a delegate from any currently existing Zonal Forum who requests it to be seated at the WSC 2018 as a non-voting participant for one conference only. The expense of attendance will be the responsibility of the Zonal Forum and not the WSC. Intent: To involve zones at the WSC. 72-29-2-4 (Tabled discussion until July, but noted following pros and cons)
 - Pro: Gives an unseated Region an opportunity to participate in small groups and open discussion
 - Pro: Allows an RDA2 to attend in this role if they are sent by the Zone (e.g. CARNA)
 - Con: This sets a precedent that several Regions are still uncomfortable with – that if this is successful we are moving further along in switching over to zonal representation.
 - Con: We as a zone have no process in place to select or fund a representative.
- Do we want to add a Zonal PR contact to NAWS (All Voted against)
 - Pro: This gives NAWS an opportunity in communicating things more effectively at the state level.
 - Con: Several Regions view this as just another step down the path of Zonal representation
 - Con: Don't see what this adds to what we already have – it's just another layer of redundancy.
- Review of PR Presentation from July 2016
 - Presentation itself was ~~condensed a bit, if~~ poorly attended
 - Some who wished to attend AZF were unable to do so, because AZF was held on Friday instead of Saturday.
 - Would we want to host another such presentation on a different topic – yes, this makes us more a resource mechanism.
 - Is there something that the Zone can do that the Region can't (e.g. Unified PR for the Zone)
 - Should be on a non-conference year, hopefully not coinciding with other major events

- **Next AZF** Meeting is in Ripley, WV, people are going to travel to be there anyway. AZF usually takes 6 hours; might be able to do this if we meet in different room.
 - People from AZF would be able to see how CBDM works at the Regional level.
 - This will give the AZF a face within the Mountaineer Region
 - There is a concern about setting a precedent with Zone attending a region
 - Updates to Website
 - Freestate is one word
 - Pennsylvania is not represented in CARNA
 - On calendar page, conference call should have notation that people not on delegate team can listen but not participate.
 - We discussed adding the BMLT to our website, but because our meeting link already goes to to world, duplicating it on our site seemed redundant.
 - Update workshop tools page, possibly as embedded link (e.g. World Map)
 - Link to Planning Our Future IDT in Workshop Tools
 - Update Numbers/Stats from Zonal Forum sites
 - Replace Future of the WSC video with approved presentation from WSC (if available)
 - Add Proposal for Future of WSC PowerPoint from Multi-Zonal Service Symposium with audio (under Resources)
 - Kim will create a shared document on Google Drive that has credentials and domain information for AZF Website.
 - Updated Secretary Duties and Qualifications that once published, minutes are open to review for a two week period. After this time, corrections will be made and it will be forwarded to NAWS.
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Future Agenda Items:

- Mountaineer Region is meeting Saturday and Sunday the weekend of the next AZF. The group agreed to meet on Saturday morning at 9AM (in a separate room), have lunch with the Region, and then reconvene at 3PM if needed to finish any additional business. The Region has invited us to participate in their two-day process.
 - Discussed AZF making presentation at Region, perhaps better idea would be a Q&A session?
 - Can discuss via teleconference after Mountaineer Region meets in April.
 - Further discussion of Motion 11
 - Revisit our Inventory
 - Discuss items that came up at MARLCNA
 - Review of Website
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- Next AZF Teleconference will be on April 10th at 7PM.

Upcoming schedule for Autonomy Zonal Forum:

- Mountaineer Region: July 29, 2017
- Chesapeake and Potomac Region: January 27, 2018

- Eastern Pa Region: July 28, 2018
- Free State Region: January 26, 2019
- Greater Philadelphia Region: July 27, 2019
- Central Atlantic Region: January 25, 2020

CONTACT INFORMATION			
<i>Region/Position</i>	<i>Name</i>	<i>Phone</i>	<i>Email</i>
Central Atlantic RD	Kim A.	860.309.1404	kim@webmastery.org
Central Atlantic RD Alt.	Brian C.	804.513.7484	bc0203@yahoo.com
Central Atlantic RD 2 nd Alt.	Open		
Chesapeake & Potomac RD	Anthony W.	703.606.4017	alwhite824@gmail.com
Chesapeake & Potomac RD Alt.	Darla S.	301.602.8333	darlasweeney4@gmail.com
Eastern PA RD	Merle S.	215.275.3144	merlehug@gmail.com
Eastern PA RD Alt.	Tim R.	215.805.3430	featuringtim@gmail.com
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Free State RD Alt.	Tricia C.	443.517.9338	trishacrowley24@gmail.com
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