

Autonomy Zonal Forum Meeting Minutes

Date: July 29, 2017

Hosted By: Mountaineer Region

Meeting opened at: 9:10

Meeting closed at: 12:00

Opened Meeting with Serenity Prayer and Traditions and Concepts

Today's Agenda:

- **Open Forum** time –
 - *Review the proposed agenda; add or delete items as necessary*
 -
- Read **group reports** – issues and concerns in your region, upcoming events, number of areas, home groups and identify how your subcommittees are functioning – info about liability insurance, who you use for phone line carrier, etc...
- **Motion 11** – (WSC 2016) - *Western Russia Region / Second: Finland Region: To allow a delegate from any currently existing Zonal Forum who requests it to be seated at the WSC 2018 as a non-voting participant for one conference only. The expense of attendance will be the responsibility of the Zonal Forum and not the WSC. Intent: To involve zones at the WSC. 72-29-2-4*
- Revisit inventory
- Discuss proposal changes for WSC
- Discuss some of the best practices for the workload of the RDs
- Discuss future event

Open Forum:

Suggestion that delegates think about potentially having more Zoom meetings and only one face-to-face meeting

Suggestion of meeting always in a central site – Harrisonburg? Or having one meeting in a central location and one in a region combining that with an IDT or something

Purpose of the zone – to improve our abilities as delegates; to promote unity and empathy for other's regions/issues/solutions

Inventory is in the archives – probably in CARNA's meeting and in Philly

Regional Reps Present	P-present A-absent V-vacant
Central Atlantic Region RD	A
Central Atlantic Region RD Alt.	P
Central Atlantic Region RD 2 nd Alt.	P
Chesapeake and Potomac Region RD	P
Chesapeake and Potomac Region RD Alt.	P

Eastern PA Region RD	A
Eastern PA Region RD Alt.	P
Free State Region RD	P
Free State Region RD Alt.	P
Greater Philadelphia Region RD	P
Greater Philadelphia Region RD Alt.	A
Mountaineer Region RD	P
Mountaineer Region RD Alt.	P

Regional Reports:

Central Atlantic Region

The Central Atlantic Region of NA consists of 17 areas and has meetings in Virginia, West Virginia, Maryland, Pennsylvania and North Carolina.

Please welcome our new RDA2, Randy D., to his first Zonal meeting. Our RD, Kim A. is travelling today and is unable to attend.

The RD Team attended the Florida Service Symposium in March and was able to bring back some information on best practices in information technology and public relations. We are starting to workshop these items with the appropriate people in region, and hopefully will be able to incorporate these ideas in our Areas.

Our subcommittees have started to make use of Zoom Teleconferencing, which has allowed people to attend their meetings remotely. While in its early stages, the use of this technology looks promising in terms of garnering more support. It was decided by Region that for the time being we will still rotate the physical subcommittee meetings by quadrant to allow people to attend in person. The use of Zoom has also allowed us to reboot our Inmate Step Writing program, and the results so far look promising, with more people able to get involved.

Our two-day event in April was well attended, and the workshops were well received. We did a Planning Our Future presentation and the IDT on Maintaining an Atmosphere of Recovery.

ILS,

Kim A., CARNA RD

Brian C. CARNA RDA

Randy D. CARNA RDA2

Chesapeake and Potomac Region

Good Afternoon:

NUMBER OF AREAS – 11 Areas within the C&P Region,
home groups – 371 NA Meetings that meet each day of the week, as well as 427 H&I meetings monthly.

The C&P Region meets every other month, our next RSC meeting will be hosted by Battlefield Area, Saturday, August 12, 2017 – 10:00 AM - 6:00 PM, **Location:** Saint Mark's United Methodist Church, 7803 Well Street, Manassas, VA. During the June 2017 RSC nominations were held for all positions, except the RD and RDA, elections will take place at the August RSC to begin at the close of the August RSC for September 2017.

ISSUES AND CONCERNS IN YOUR REGION:

Motion to donate up to \$20,000 to the FreeState Service Center to assist in ensuring a literature surplus was sent to groups and approved. Waiting for final Convention numbers to be presented at this July Board of Directors meeting.

February 18, 2017, motion was sent to groups to restructure the existing C&P Regional Convention, Inc so that the C&P RSC would become the primary organization under the 501(c)(3) nonprofit status; and that the current Board of Directors would become the Convention Oversight Committee, a subcommittee of the restructured organization. Motion was approved at the April 2017 RSC, with a group tally group: 144 (Yes); 33 (No) and 33 (Abstain). The intent is to modify the relationship between the RSC and CPRC, Inc., 1) legal accountability; 2) allows for the RSC to comply with federal and state laws. CPRSC and CPRC, Inc. are now in the transition phase, where meeting with the attorney allows for updating of the Articles of Incorporation. More to follow.

IDENTIFY HOW YOUR SUBCOMMITTEES ARE FUNCTIONING –

Regional Subcommittees are functioning well, however, they need able body volunteers.

INFO ABOUT LIABILITY INSURANCE: Our Liability Insurance is provided through CPRC, Inc. Convention Board of Directors. We have been informed that should the RSC wish coverage, they would provide a Rider attaching the RSC and any of its groups under the Insurance Coverage. (cost to be determined). With the new restructuring, this may change.

PHONE LINE CARRIER, ETC.

Current Phone Line/Help Line Carrier: Verizon

UPCOMING EVENTS:

Jun 15 2017 - Sep 14 2017

CPRCNA XXXII – Call for Speaker Tapes – Submit a CD

Minimum clean time requirements: 8 yrs – Main Speaket; 5 yrs – Workshop Speaker; 1 yr Secretary

CD Submission Deadline: September 14, 2017 – CPRCNA XXXII – Program Subcommittee, P.O. BOX 78121, Washington, DC 20013 – Email: cprcna32program@gmail.com

Aug 5 2017 - Aug 6 2017

09:00 PM - 01:00 AM Jump Start To Recovery Group: All White Affair

Saint Martin's Catholic Church, 1908 N. Capital St., NW, Washington, DC

Tickets: \$5.00 Advance; \$10.00 at Door

Aug 6 2017

04:00 PM - 06:00 PM NORVANA Special Events Subcommittee: Bowling

Location: Bowl America Shirley, 6450 Edsall Road, Alexandria VA 22312

Tickets: \$15.00 – Email: norvanaspecialevents@gmail.com

Aug 13 2017

12:00PM – 06:00 PM DC Area Special Events Cookout

Fort Dupont Park, 4300 Alabama Ave., SE, Washington, DC 20019

Bus Route Information to the Park – W4 Bus from Anacostia Metro Station or the M6 from Potomac Avenue Station – Fun, Food, Fellowship

Aug 26 2017

12:00 PM - 06:00 PM Dulles Corridor Area of NA: Annual Picnic

Algonkian Park Shelter #3, 47001 Fairway Dr., Sterling VA 20165 – Speaker at 4:00 pm

\$5.00 cover fee – Bring the kids for free

Sep 8 2017 - Sep 9 2017

10:00 AM - 05:00 PM Rappahannock Area Convention of NA (RACNA !)

Hospitality House Hotel, 2801 Plank, Fredericksburg VA – REGISTRATION AND HOTEL INFORMATION

<https://www.rappahannockareaofna.com/racna-i-convention> - Registration: \$20.00; Hotel Discounts going fast:

\$85.00.

Sep 15 2017 - Sep 17 2017

10:00 AM - 05:00 PM Tri County Area Unity Retreat: “Spiritual In Nature” -

Lions Camp Merrick, 3650 Rick Hamilton Place, Nanjemoy MD 20662 – Registration and Event information can be found at: www.cprna.org, Events.

Oct 6 2017 - Oct 8 2017 - Further details and flyer to come!

12:00 AM - 12:00 AM Unity Weekend Campout!

Prince William Forest Park, 18170 Park Entrance Road, Triangle VA 22172

Apr 13 2018 - Apr 15 2018

CPRCNA XXXII – “Surgery of the Spirit”

10:00 AM - 01:00 PM CPRCNA 32

PO Box 78121, Washington, DC 20013

Roland E. Powell Convention Center, Ocean City Maryland

More Information Coming Soon - www.cprcna.org

Anthony W. – RD

Darla S. – RDA

C&P RSC

Eastern Pennsylvania Region

Hello family, It’s wonderful to be here in WV and I’d like to thank Cooper and Ryan for their hospitality, Our region is doing well. We are supporting 4 areas, containing 127 groups, our phoneline is functioning well, our PR committee just participated in the Bucks County/Burlington County area’s Learning Day which had speakers on all service positions. The event was held in Falls Twp. Park in Bucks County and was well attended. We will be funding additional learning days in all our areas. I believe the next one will be held in August/September in the Twin Rivers Area.

We have just completed our letter/resume for seating at the WSC. We were on time with the paperwork and received confirmation from the workgroup that handles seating applications. Although we know the difficulty in seating new US regions, we are hopeful that our application will be well received at the WSC. We anticipate having the continued support of our forum brothers and sisters in our efforts to be seated at the WSC.

I want to thank everyone who stayed on the conference call to share their experience, strength, and hope about DRTs and NA service; your input was invaluable to me. I’m including a copy of my final report and the information included. Any further discussion would be welcomed.

In loving service,

Merle S (RD)

Tim R (RDA)

Freestate Region

Freestate Region Report
Autonomy Zonal Meeting

The Freestate region is made up of 10 areas and supports approximately 856 meetings weekly. All of up our subcommittees are functioning although they could always use support. Freestate Region meets monthly with odd months being discussion and even months our regular business meeting.

Our next regular business regional meeting is scheduled for August 12, 2017 at the Freestate Regional Service Center. Elections will be held for all positions except RD and RDA.

Our region recently decided to move all regional meetings to the Freestate Regional Service Center, 117 Warwick Ave. Baltimore, MD.

ILS,
Dee P.
410-916-8545
Trisha C.
443-517-9338

Greater Philadelphia Region

All is going well. We are 11 Areas with 500+ mtgs including the suburbs. Our Regional focus for the last 2 years has been strengthening Unity and Service in the Region. This is being done thru greater communications, in particular Region going out to Area Service mtgs and talking directly to the Areas, taking questions, offering clarity on myths and rumors that are always present about Region and World issues. We've had great success with this approach. Not only putting a face to Regional service but also showing that service can be fun. We feel this is very important for "new blood" coming into service. We are on a mission to strengthen the Greater Philadelphia Region. Our Sub-committees are all doing well. We have a robust schedule of Learning Days, Service Workshops, etc. Something that is new is we are exploring a Mentorship Program and seeing how and if that would be something that would benefit the Region. We will ask for experience on this program at the Zone. We have a new RDA Clarence, someone a lot of you know already.

Billy
RD Gr. Philadelphia Region
Billywolf3@gmail.com
215-868-1969

Mountaineer Region

The Mountaineer Region consists of 11 areas with about 150 meetings per week. Our RSC meets quarterly to do business and once in March to do a regional inventory\planning session or CAR\CAT workshop in alternating years. We have been using consensus based decision making for over a decade. We have two conventions per year, one in the spring and one in the fall.

Our conventions are our primary source of funding to our regional services accounting for about 80% of income and donations at around 20%. Our convention subcommittee exists entirely within our regional service committee and operates out of the regional bank account. Over the last year we spent over \$10,000 on PR and sent \$3000 to NAWS. Most of our PR spending fell into two areas- our phonenumber and billboards. We combined our PR, Phonenumber, Website, and H&I services into one PR subcommittee a few years ago, and it seems to be working well for us.

We have had some discussion about the future of the WSC, and our region does not support a move to zonal

seating but is open to other changes such as a planning conference and a 3 year cycle. Our delegate team has participated in the NAWS web meetings, and we are following and taking part in the discussions on the conference participants bulletin board as well as discussions on Facebook. We will be asking our region to pay for the RD to attend the WSC rather than accept NAWS funding. We attended MARLCNA this year but have since amended our policy so that we could attend a different event in years when there is no WSC.

Overall the Mountaineer Region is doing well. We are seeing growth in the meetings. We are financially stable. We hope to expand our PR efforts in the future especially with the ongoing opioid crisis. In Loving Service, Cooper B, RD and Ryan S, RDA

Notes on Today's Agenda:

- Motion 11 -- Shared thoughts on whether we WANT to have a Zonal representative at the WSC; ideas shared included:
 - that Zonal representation is going in the wrong direction and sends a misleading message to the WSC,
 - a note that the zonal rep would not be a seated position,
 - sending a zonal rep might allow the Eastern PA RD to have a voice as a zonal rep
 - concerned about WSC moving in a direction that would cause the Regions to lose their voice
 - a more clear zonal vision might enable a better conscience
 - funding
 - should we consider doing a favor for Eastern PA and choose their RD to be Autonomy's Zonal Rep just so that their RD can have a voice. Eastern PA is going to fund their travel no matter the Zone's decision. Several members support this as a sign of unity within the Zone.
 - Taking advantage of the offer to send a zonal rep allows an unseated Region to learn and grow
 - How would the zone arrive at a conscience to send with the zonal rep? At this time they can't vote, but they can give opinions in the discussion
 - Suggestion that each RD take to their regions a proposal to let EPARNA send their RD as a Zonal representative;

- Revisit the inventory
 - Moved to a future date

- Discuss proposal changes for WS
 - First webinar:
 - Changes proposed for the Old Business sessions may help the jumping back and forth between consensus based and parliamentary procedure
 - Changes in new business – distracted by a skunk in my trashcan
 - Inclusivity – mentor and train members; what does this have to do with changes?
 - Second webinar
 - RDs expressed feeling cornered and driven to choose between choices that no one wanted to start with as the WSC chose the solutions to be discussed without input from the Regions
 - A motion was rejected in the CAR, and the board brought it back for discussion again in this webinar; some recognition that this is the board's job – to nudge and retest the waters. We need some kind of solution for the WSC's growth and seating
 - The forced discussion allowed the RDs to hear some of the pros of something they are totally against; others thought of that as manipulation
 - Resolution A

- Discussion of the “problem” of the size of the WSC and addicts’ fear of change
 - Desire to have the ideas come from the groups up through the areas and regions not down from the board
 - Openmindness
 - Us vs. them
- Discuss some of the best practices for the workload of the RDs
 - How do regions (specifically RDs) handle workload? ideas for discussion (besides IDTs?) workshops?
 - Some delegates are struggling how to justify the Zone and their participation in it. This topic is an effort to renew a value in zones
 - Re: engaging members: integrate speakers presenting about service opportunities with the speakers and food at a speaker jam; do IDTs with the GSRs; read the feed on the bulletin boards; integrate with learning days and all events adding “a regional track”
 - RE: IDTs: IDTs as part of a CAR workshop day
 - Visit the areas and present ideas and do straw polls
 - Current amount of information flowing through RDs has grown tremendously. How to manage the dissemination of this information: propose topics and ask areas for input and questions; part of the challenge is to present the relevant information in a way that is interesting to the regional members; RDs have to keep up on a daily basis or will get behind.
 - Volume of information sources to check has grown as well
 - Delegates vented about the volume of information from a myriad of sources
 - Suggestion to limit the discussion at WSC due to technology available; trusted servant vs. bound by regional conscience
 - Educate the members that a delegate/RCMs job is to take *their* conscience to the service bodies; they some time they think that is “your job”
 - Retire from your full time paying job (sic)
 - Challenge to present what is RELEVANT; because then we get attendance, interest and input; present the impact of the topic on the individual member or group
 - Encourage sponsees to engage in service
 - Share the message of service wherever we go
 - Had difficulty leaving the topic despite the facilitator’s effort to move on to planning an event and open forum
 - Summary that this type of discussion (best practices for RDs) is getting the best bang for the buck; much more productive than talking about the web site, for instance
- A future event
 - Ran out of time

Future Agenda Items:

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Upcoming schedule for Autonomy Zonal Forum:

- Chesapeake and Potomac Region: January 27, 2018

- Eastern Pa Region: July 25, 2018
- Free State Region: January 26, 2019
- Greater Philadelphia Region: July 27, 2019
- Central Atlantic Region: January 28, 2020

CONTACT INFORMATION

Region/Position	Name	Phone	Email
Central Atlantic RD	Kim A	860.309.1404	kim@webmastery.org
Central Atlantic RD Alt.	Brian C	804.513.7484	bc0203@yahoo.com
Central Atlantic RD 2 nd Alt.	Randy D	540.327.3335	recovery274@gmail.com
Chesapeake & Potomac RD	Anthony W	703.606.4017	alwhite824@gmail.com
Chesapeake & Potomac RD Alt.	Darla S	301.602.8333	darlasweeney4@gmail.com
Eastern PA RD	Merle S	215.275.3144	merlehug@gmail.com
Eastern PA RD Alt.	Tim R	215.805.3430	featuringtim@gmail.com
Free State RD	Dee P	410.916.8545	zikidee@yahoo.com
Free State RD Alt.	Trisha C	443.517.9338	trishacrowley24@gmail.com
Greater Philadelphia RD	Billy W	215.868.1969	billywolfe3@gmail.com
Greater Philadelphia RD Alt.			
Mountaineer RD	Cooper B	304.661.0507	cpbenedict52@gmail.com
Mountaineer RD Alt.	Ryan S	681.220.2954	ryanstrain2013@gmail.com